



SUMMER GUIDE

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FAIRMONT TREMBLANT





## WELCOME TO FAIRMONT TREMBLANT!

Spectacular by nature, Tremblant's landmark ski-in ski-out hotel provides the best setting for a perfect alpine getaway any time during the year!

With its year-round outdoor hot-tubs, cozy fireplaces, spa and comforting lounge Fairmont Tremblant is your blissful nest primly located at the foot of the mountain near all the action. Once your car is taken over by our valet service, everything is just steps away. While the village architecture has a certain European flair, the ambience is pure Québécois, brimming with warm smiles and traditional joie de vivre. Also, to make your winter escape even more unforgettable, add lively events, the best ski runs covering four faces of the mountain, remarkable wellness facilities, a wide variety of outdoor activities and much more!

Our concierge team is committed to assist you in making your stay with us the most memorable. Whether you are looking for a romantic getaway or an adventure holiday, we will help you find it in Tremblant.

Please note that schedules and prices are subject to change without notice. Advance reservations are recommended for transportation, dining and activities. Please carefully review costs, cancellation policies and arrival times provided at time of booking. Should you have any questions or require reservations, do not hesitate to contact the concierge at any time.

Warm regards,

The concierge team at Fairmont Tremblant

*Fairmont*  
TREMBLANT

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  @FAIRMONTTREMBLANT

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# SPA AND WELLNESS



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## OUTDOOR FACILITIES OPEN YEAR-ROUND

- Heated outdoor pool
- Outdoor Nordic bath at 70°F/21°C
- Outdoor whirlpool bath at 104°F/40°C
- Outdoor therapeutic whirlpool bath at 98°F/37°C

## INDOOR FACILITIES

- Heated indoor pool
- Whirlpool bath
- Dry sauna
- Two steam baths

## AUTHENTIC NORDIC SPA EXPERIENCE

Enjoy the effects of the hot-cold-relax cycle in our year-round indoor and outdoor pool facilities, Finnish sauna, steam room, hot tubs, and cold plunge pool. Relax indoors or outdoors, repeat until you are revived, body and mind.

## FITNESS CENTER

Gym with natural light equipped with free weights (2 to 50 pounds), spinning bicycles, stair climbers, treadmills, elliptical machines, multifunction and weight training machines, and a TRX system.

## STAY AND STAY FIT EXCLUSIVE FAIRMONT SERVICE

Fairmont Fit program allows you to stay active during your stay by delivering Reebok® workout apparel and footwear directly to your room (available to all Fairmont Le Club Accor members).

## MOMENT SPA FAIRMONT TREMBLANT

Moment Spa is a peaceful nest where you can fully relax and regenerate both body and soul. After a day breathing the fresh mountain air, treat yourself to absolute relaxation with the help of our highly qualified team and idyllic surroundings.

HOURS OF OPERATION: Daily from 9 a.m. to 5 p.m.

For more information and to book treatments and spa packages:

819 681 7680 [momentspa.com](http://momentspa.com)

# HOTEL ACTIVITIES



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## STUDIO ELMNT

Get in shape in one of our redesigned training rooms equipped with a spinning bicycle and training gear. Challenge yourself with the dynamic duo Drew Bathory and Natalie Kakon, creator of the Montreal company ELMNT video training series and choose from a variety of cardio workouts directly on your TV screen.

## YOGA

Breathe, move, stretch, and enjoy the moment! An inspiring experience for all. Certified teacher. Yoga mats are provided.

## GUIDED NATURE WALKS

Lace-up your shoes and enjoy a guided walk through the beautiful boreal forest. Discover the beauty of Tremblant accompanied by a local guide. No matter your level of physical activity, this adventure is for everyone!

## GAME ROOM

Kids of all ages will jump with joy as they discover our game room equipped with shuffle board table, ping-pong table, baby foot table, floor hockey and more.

## BILLIARDS ROOM

Enjoy a fun game of pool with family or friends! 16 years and older or with adult supervision at all time.

## MOVIE NIGHT

Enjoy a large selection of movies the whole family will love in our cozy movie theater. Add to the fun with some popcorn and candy !

## TIPI & BONFIRE EXPERIENCE

A unique experience for the whole family complete with your own wood burning fire, Adirondack chairs, and Tipi for the children. The experience includes snacks and drinks.

## BIKING

Explore the area from the resort. In winter or summer, Mont-Tremblant area offers breathtaking scenery and many options for a bike ride. Come discover the region's bike paths and mountain biking trails accessible to all, directly from the hotel.

## HIKING

Discover the highest peak in the Laurentians via 11 trails ranging from 1 km to 11 km for hikers of all levels. Crisscrossing Mont Tremblant amidst waterfalls, streams and lakes, our trails offer open and shaded areas and deliver spectacular views at every turn. Access to trail directly form the hotel. Dogs are welcome on the mountain during the summer season exclusively, except in certain preservation areas of the park (Parben, Johannsen and Sommets trails).

## ACTIVITIES AROUND THE RESORT



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### LUGE

Fun-filled ride on a 3-wheel cart using a unique braking and steering system that gives the rider full control. Summer fun starts here with the ride everyone's talking about. Coming from New Zealand, the first summer luge in North America is awaiting you!

### TONGA LUMINA

This 1.5-km night walk takes place on a stone dust and illuminated pathway at the heart of nature. To start off, visitors show up at the bottom of the Flying Mile chairlift that will take them up to the midway station where they will be led to the entrance of the trail. After taking visitors on a brief ascension, the trail slowly weaves its way down the hill through the woods, crosses streams and clearings.

### ZIPTREK ECOTOURS

An exciting, unique activity here in Eastern North America, visitors set out to discover local ecology, spectacular Laurentian scenery as well as the mountain from high above, and all along their descent. The adventure begins with a panoramic gondola ride to the summit, then unfolds across five aerial ziplines – two of which are over one kilometre long!

### PANORAMIC GONDOLA

Comfortably sit in the Panoramic Gondola and admire the view for a few minutes as you reach the summit of Tremblant! Not only will you get a breathtaking view on the Laurentians, Lac Tremblant and the surrounding valleys, you'll also have access to a host of activities.

### LE PETIT GÉANT MINI-GOLF

The mini-golf with a giant attitude! As a small replica of Le Géant golf course, the mini-golf Le Petit Géant serves up lots of fun for friends and family at a very mini price.

### BIRDS OF PREY SHOW

Experience Falcon Environmental Services' trained raptors as they take flight on the summit of the Laurentians! Learn all about these spectacular birds and marvel at their agility as they brush right past you and fly right above your head!

### CLIMBING TOWER

Come stretch your arms and legs on the climbing tower. Whether you are a beginner or an advanced climber, you will find a path that suits your skills on this 30-foot high tower.

### ENTERTAINMENT AND PLAY AREAS

Children and adults' entertainment is everywhere in Tremblant's pedestrian village. Enjoy the street entertainers, discover fun play areas for climbing, sliding, playing hide, and more!

## ACTIVITIES AROUND THE RESORT



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### EUROBUNGY

Experience the adrenaline rush of bungee jumping - without the risks - as you perform gravity-defying manoeuvres.

### ROCK CLIMBING

During the activity, you will get to climb the cliff several times. Your certified guide will help you learn how to safely belay other climbers and how to rappel. This activity is designed for beginners and no climbing experience is necessary.

### VIRTUAL REALITY

Hold tight and get ready for full immersion! At our new virtual reality experience centre located directly in the pedestrian village, we offer virtual reality games for everyone from the absolute beginner to the serious gamer.

### PLUSH FACTORY

Create an adorable plush companion and experience magical moments! You can choose from more than 40 furry friends and hundreds of costumes and accessories. A passport and suitcase complement the experience. Fun for all ages.

### STUDIO CRÉATIF

Studio Créatif offers artists and amateurs alike the opportunity to paint beautiful ceramic souvenirs, kitchenware, and keepsakes. You have the pleasure of creating your masterpiece in our studio, or borrowing our “take-out” kits.

### MISSION LASER

Our state-of-the-art laser tag arena combines the latest high-tech gear and thrilling action to offer an exciting indoor activity in Tremblant. You'll feel as if you're in the heart of a video game!

### MISSION LIBERTÉ

Enter a carefully crafted world that will immerse you in a thrilling experience. Getting in is easy, but getting out will require all your smarts and observation skills. Six different 1-hour scenarios and 2 express games. Locker available on site.

### BRIND'O AQUACLUB

Come and experience the reality of Brind'O Aquaclub's world at the heart of the resort. With its 4 slides, 35 interactive water games, revamped fitness room and hot tub, the new family waterplay centre is becoming a must, rain or shine.

### CAPTAIN'S HARBOUR

Aboard pirate ships, kids aged 7 years older and under will have a blast mastering the water! Two seater pedal boats are also available.

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### ICEBERG

Climb one of our two inflated mountain structures on Lac Tremblant and dive off to your heart's content! Have fun on the only such water toy in Canada.

### BEACH AND TENNIS CLUB

The stunning views on mount Tremblant and a multitude of activities await vacationers at the beach and on the lake all summer long.

### TENNIS

Academy Director André Lemaire welcomes you to Tremblant's superb complex of world-class clay courts including 6 lighted ones. As the only coach in Canada who has tutored athletes to victory at both Wimbledon and the French Open, he leads his team of instructors to offer a personalized approach for learning and improving your game.

### CENTRE NAUTIQUE PIERRE PLOUFFE

Centre Nautique Pierre Plouffe is located at the Beach and Tennis Club along the shores of dreamlike Lac Tremblant's crystalline water. Enjoy a full range of nautical activities and boat rentals.

### BOAT RENTALS

Sail out and discover the Lac Tremblant. Twelve kilometers (7.5 miles) long, the Lac Tremblant is the perfect place to spend a beautiful day aboard a boat with family or friends. Enjoy swimming and picnicking in the clear waters of this beautiful lake, surrounded by mountains and forest.

### CRUISES ON LAC TREMBLANT

Aboard Le Grand Manitou II on the magnificent Lac Tremblant, enjoy the beautiful scenery of Laurentians while listening to stories and legends about the surrounding mountains.

### PARC PLAGE

Swimming, beach, picnic tables, fun and relaxation for everyone! Lifeguard on duty during opening hours.

### IRONMAN MONT-TREMBLANT REGIONAL INFORMATION CENTRE

Located in the heart of the three Subaru IRONMAN Mont-Tremblant courses, directly at Parc Plage, this service point offers personalized service and gives you access to lake temperature and additional important race information. The only one of its kind in the world, this information centre the ideal place to experience your swim start first hand!



# ACTIVITIES AROUND MONT-TREMBLANT



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## CASINO DE MONT-TREMBLANT

The Casino de Mont-Tremblant will definitely colour up your Tremblant getaway! With its ski in-ski out Versant Soleil mountainside location, this friendly upscale establishment is a sparkling gem surrounded by a grandiose natural setting.

## PAINTBALL

Our team of animators will guide you in your game to ensure that players of all levels have a great time. The paintball centre offers several different scenarios on different types of terrain.

## DUNE BUGGY

Have a blast with the whole family riding on winding mountain trails on this guided excursion. The Dune Buggy is an all-terrain vehicle that drives just like a car. Enclosed heated cabin for winter. A Dune Buggy seats four.

## GO-KARTING

Challenge yourself and have fun while learning basic racing techniques and driving an Enduro-Kart (go-kart). Karts are powered by a four-stroke 9.5 HP engine and capable of reaching over 85 km/h.

## FISHING

Find your perfect fishing adventure. Whether you are a fly fishing expert, a lake fishing amateur or just looking to learn and spend a great day catching fish, we guarantee unforgettable moment.

## VIA FERRATA

A Unique Mountain Experience. Located in Parc National du Mont-Tremblant, the Via Ferrata promises to be chock-full of surprises! Clipped into a steel cable that runs the length of the cliff, you will cross a challenging face with built-in steps, handles, beams and various types of bridges while overlooking the meandering Diable River far below.

## HELICOPTER FLIGHTS

A unique way to discover the region from above! Experience the thrill of flying in a helicopter while marvelling at the breathtaking scenery. Each flight is unique and informative

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## ULTRALIGHT FLIGHTS

These ultralight flight seeing tours offer a new and unique way of seeing the region. Within 20 seconds, you'll be in the air. Feel the wind on your face as you fly over the mountains! Then it's a slow and gradual approach to the grass landing strip for a gentle landing.

## ÉQUITATION

Promenez-vous à dos de cheval et découvrez les beaux paysages des Laurentides. Accompagnés de votre guide, vous parcourrez la forêt sur des sentiers vallonnés. Nous offrons 3 différentes randonnées pour tous les cavaliers débutants ou intermédiaires.

## TYROPARC

Tyroparc Mountain offers adventurous things to do near Tremblant. It is the ideal place for thrill seekers that are looking for exhilarating, more extreme activities in Tremblant.

## HORSEBACK RIDING

Experience horseback riding and discover the Laurentians beautiful landscape with your guide on our forest trails in the hills. We offer 3 different excursions for beginner or intermediate riders.

## CANOEING, KAYAKING AND SUP PADDLE BOARDING

Around the Resort, discover the gorgeous scenery and secluded beaches of Mont-Tremblant area during a canoe, kayak or SUP paddle board descent on the Rouge or La Diable rivers, in the Parc National du Mont-Tremblant.

## ROUGE RIVER

Self-guided descent on canoe, kayak or SUP paddle board on a gentle section of the Rouge River with great beaches for swimming and picnics.

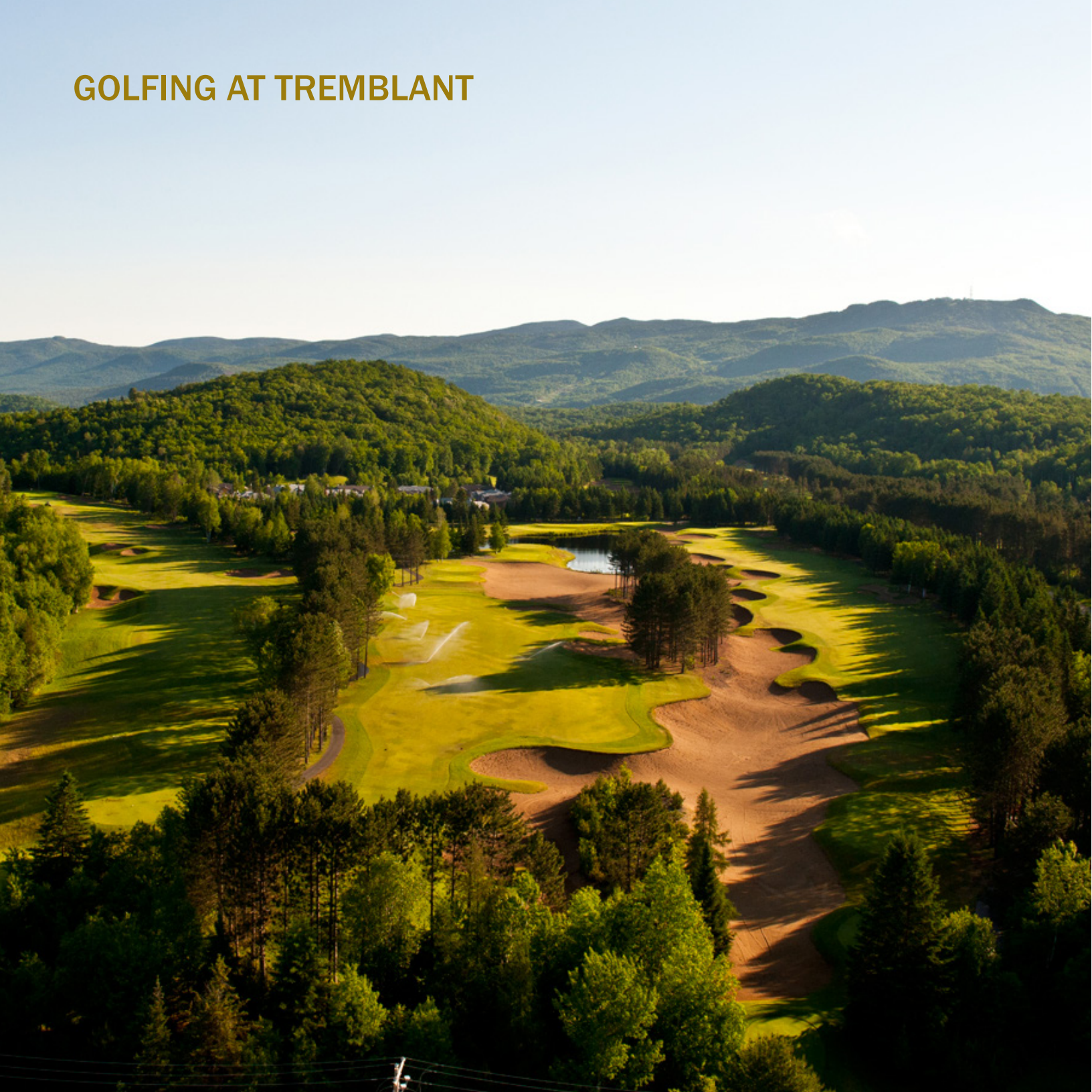
## PARC NATIONAL DU MONT-TREMBLANT

The Parc National du Mont-Tremblant is a 1,510 km<sup>2</sup> haven of peace where protected lakes, rivers and forests are yours to discover. Take your time discovering this unique landscape and its sandy river beaches during a 12-km self-guided canoe down on the meandering Diable River.

## DOMAINE ST-BERNARD

Discover this ecotourism green park of more than 1,500 acres of protected nature for your favorite sports, cultural, educational and recreational, social and scientific activities. Hiking, swimming, cycling, cross-country skiing, snowshoeing, etc

# GOLFING AT TREMBLANT



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WITHIN A 10-MINUTE DRIVE FROM FAIRMONT TREMBLANT, CHOSE FROM A SELECTION OF 4 OUTSTANDING COURSES.

## LEARNING WITH THE PROS

Tremblant Golf Academy at Le Diable rivals with North America's best, thanks to its team of certified teaching professionals and unique top-notch facilities. Lessons with pros must be requested in advance to be arranged by our concierge.

## LE DIABLE

Created by master golf course designers Michael Hurdzan and Dana Fry, Le Diable is a 7,056-yard golf showpiece with impeccable greens, imposing red-sand bunkers and long, narrow fairways. Le Diable offers superior personalized service, more frequent player assistance, access to practise facilities with supervision and tips from a CPGA pro, an electric cart, a first-rate GPS device.

## LE MAÎTRE

Le Maître reflects the precision and power of Masters champion Fred Couples who, along with architects Gene Bates, Graham Cooke and Darrel Huxham, designed 18 superb holes along the Riviere Diable (Devil's River) in Quebec's spectacular Mont Tremblant region.

## LE GÉANT

Regardless of a player's calibre, the sheer beauty of Le Géant is sure to charm every golfer. Mountainside tee-offs, rolling fairways and stunning views of the Laurentians keep eyes as busy as clubs. Designed by architect Thomas McBroom, Le Géant is the quintessential alpine golf sanctuary comprised of two lakes, 52 challenging white-sand bunkers and amazing Laurentian scenery complementing a superb 6,836-yard course. Simply spectacular!

## LA BÊTE

This 6,825-yard course, designed by renowned golf course architect Graham Cooke, has five sets of tees, bent grass tees, greens, and fairways, and will reward every calibre of golfers an amazing golf experience.