



WELLNESS CENTER

FAIRMONT THE QUEEN ELIZABETH

Information and membership: qeh.centredemieuxetre@fairmont.com | 514 954 2298



WELLNESS CENTER

OPEN 6 A.M. TO 10 P.M.

At Fairmont, we understand the importance of exercise in your daily life. Our Wellness Center is built to ensure a comfortable space with the best fitness equipment.

“WELLNESS” MEMBERSHIP

- **Fitness facilities including:** cardio and strength training equipment, spin bikes, free weights section, *Fitness On Demand* studio (virtual classes)
- Pool (12.5 m), jacuzzi and dry sauna
- **Personal locker** (double locker also available for an extra fee)
- **Towels, bathrobe and personal products**
- **On-site cleaning service for your training apparel**
- **20% off at *Moment Spa***
- **Exclusive advantages at *Marché Artisans* :**
 - Selection of healthy dishes available at the Wellness Center and at *Marché Artisans* (charge billed to your personal account)
 - Annual \$50 credit applicable to your personal account
- **High-speed Internet and *PressReader*** (digital newspaper and magazine service)