



FAIRMONT SPA PITTSBURGH

SPA NOURISH MENU

SMOOTHIES

Red Berry Smoothie | 14 (GF, NF)
Strawberries, Raspberries, Greek Yogurt

Vegan Power Protein | 14 (DF, EF, NF)
Blueberries, Blue Butterfly Pea Powder, Almond Milk

FRESH JUICES

Tropical Melon Juice | 12 (V, GF)
Strawberries, Pineapple, Watermelon, Lemon

Green Juice | 12 (V, GF)
Spirulina, Spinach, Apple, Celery, Cucumber

Golden Rays | 12 (V, GF)
Golden Beets, Orange, Carrots

SNACKS

House made Granola Bars | 16 (EF, DF)

Vanilla Chia Bowl | 16 (V, GF)
Coconut, Seasonal Berries, Granola

Fruit Plate | 16
Melon, Mixed Berries, Pineapple, Honeycomb

SALADS

Legume Medley Salad | 16 (GF, V, NF)
Black and Red Beans, Corn Kernels, Red Onion, Cucumber, Baby Tomato

Quinoa Salad | 16 (GF, VE)
Chick Peas, Avocado, Sweet Potato, Greens, Sesame Seeds Aioli

Roasted Caesar Salad | 17 (NF)
Homemade Caesar Dressing, Crouton, Roasted Broccoli
Add Chicken | 9
Add Salmon | 16

BENTO BOXES

Pan Seared Salmon | 38 (DF, NF, EF)
Chili Miso Sauce

Pita Pocket | 32 (NF)
Chickpeas, Arugula, Lentil, Sesame Aioli

Plant Base Crab Cakes | 34 (VE)
Vegan Tartar Sauce

All options come with:
Farro, House Green Salad, Roasted Vegetables

Plant Based Fettucine | 28 (V, GF, DF, NF)
Veggie Meatballs, Marinara Sauce, Tofu

Hummus | 16 (V, DF, NF)
Baby Carrots, Cucumber, Lavash, Sweet Potato Chips

Vegetarian Pizza | 24 (GF, EF, N)
Cauliflower Pizza Crust, Traditional Pizza Sauce, Fresh Mozzarella, Basil

Cheese and Charcuterie | 26 (EF, NF)
Selection of Local Cheeses and Meats

Available between 10:00 AM and 4:00 PM

EF (Egg Free) - **NT** (Nut Free) - **DF** (Dairy Free) - **V** (Vegan) - **VE** (Vegetarian)

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.