
NOURISHED BY NATURE

The grandeur of Jasper does more than take your breath away—it inspires you to slow your pace, breathe deeply, and reflect on the artistry of nature. This reflection underscores every treatment and experience at the Fairmont Spa.

At Fairmont Spa Jasper Park Lodge, we channel the natural elements that surround us through treatments designed to enliven your skin, restore your muscles, and soothe your spirit. Here, we unite ancient modalities of movement with sophisticated technologies to transform our awareness of what our bodies can achieve.

We invite you to share this space with us and begin your own story of connection—to the powerful mountains and elemental brilliance of nature, but most of all, to yourself.

Before your spa treatment, you'll have the opportunity to unwind in our tranquil lounge area, where you can enjoy a refreshing beverage such as herbal tea or citrus-infused water. You may also find time to enjoy the eucalyptus steam room, dry sauna, or soak in the surrounding views in our outdoor pool and hot tub area.

After your treatment, you can continue your indulgence by wrapping yourself in a plush robe and enjoying a soothing cup of herbal tea by the fireplace. Curl up with a good book, or take in the breathtaking mountain scape that surrounds us. Our spa treatments are not just a physical experience; they are each a journey for your mind, body, and spirit. It's the ultimate act of self-care that leaves you feeling pampered, refreshed, and balanced.





MASSAGE

Originating with ancient practitioners in cultures all around the world and perfected over the centuries, massages have become an essential modality of today's well-being—to promote relaxation, improve circulation, aid in muscle recovery and boost immunity. It's also the key to getting the most out of Jasper, from preparing for a day on the trails to unwinding in one of our dining experiences offered at Fairmont Jasper Park Lodge. Our experiences target specific moods and muscles, leading to long-term results after you've left the spa.

ROCKIES RELAXATION MASSAGE

60 min / 90 min

Escape to a tranquil sanctuary where soothing music, soft lighting, and aromatherapy create the perfect ambiance for relaxation and rejuvenation. This personalized experience utilizes light to moderate pressure techniques, specifically targeting muscles sore from travel and everyday stress. Our skilled therapist will ensure you leave feeling renewed and revitalized.

PEAK PERFORMANCE MASSAGE

60 min / 90 min

This deep pressure massage is meticulously crafted to deliver precise and effective results after your mountain adventures or activities. Our therapists focus on targeting muscle knots and tension through a deliberate application of slow, sustained pressure, aiming to restore equilibrium and enhance your mobility.

MOTHER TO BE MASSAGE

60 min / 90 min

This unique and secure massage therapy approach is tailored to enhance the well-being of expectant mothers. It aims to alleviate pregnancy-related discomfort, encourage relaxation, and create a nurturing experience.

MASSAGE ENHANCEMENTS

THERAGUN TREATMENT

The ultimate tool for recovery and pain relief. Developed with cutting-edge technology, the Theragun delivers powerful percussive massage to specific areas of the body, promoting muscle recovery, alleviating tension, and enhancing overall well-being.

Indulge in the advantages of a hot oil scalp massage when you book any of our 90-minute massage sessions.

FAIRMONT SIGNATURE EXPRESSIONS

Signature Expressions bring together the key elements of the mind and body. We place careful emphasis on creating locally inspired experiences that will leave you feeling connected to the surroundings while encouraging the restoration of personal energies.

JASPER'S INDULGENCE

120 min

Embark on a journey to profound relaxation with a soothing mineral footbath infused with aromatic essences, along with a gentle foot scrub. This tranquil experience is further enhanced by a mild dry brush exfoliation, complemented by a rejuvenating back treatment and a hydrating massage. To conclude your path to peacefulness, you'll enjoy a warm wrap, a luxurious scalp massage, and a soothing foot massage.

ROCKIES RITUAL

120 min

Pamper your feet, back, and face with the care they truly deserve. Begin your journey with a rejuvenating mineral foot soak and scrub to restore balance and induce relaxation throughout your body. Continue your relaxation with a back treatment that includes exfoliation and a moor mud mask. The final touch to your experience is a personalized facial, expertly crafted with minerals and essential oils tailored to address your unique skincare requirements. This treatment is designed to enhance clarity and radiance of your skin while promoting profound relaxation.



NAIL SERVICES

Get inspired by the beauty of nature—the vibrant flower petals, the luscious foliage green, the emerald waters of Lac Beauvert or the powerful shadows the Rocky Mountains. Stimulate your circulation and re-mineralize yourself to awaken your senses with our manicure and pedicure treatments.

AROMA MANICURE

60 min

This luxurious manicure features an exclusive multi-acid hand exfoliation treatment utilizing four natural plant enzymes. Your hands are immersed in mineral-infused water, gently massaged with aromatherapy oil, and pampered with a paraffin treatment for ultimate nourishment.

HAND GROOMING FOR MEN

60 min

This deluxe manicure a multi-acid peel is used for hand exfoliation, followed by a soothing hand soak enriched with muscle-relieving minerals and essential oils. The experience is finalized with a nourishing paraffin treatment and a relaxing hand and arm massage.

CLASSIC MANICURE

45 min

Experience the pure delight of hands that feel rejuvenated and showcase flawless polish with our timeless treatment. This includes a hand soak, meticulous nail shaping, a pampering massage, and an expert polish application.

ROCKY MOUNTAIN PEDICURE

75 min

Jasper's signature pedicure offers the ultimate pampering for your feet. Enjoy a mineral foot soak followed by a lavish scrub. Feel yourself drifting away as your feet and legs are massaged with warm stones and opulent oils to aid in deep relaxation. Simultaneously, your feet receive additional nourishment through a soothing paraffin treatment, while your hands are lavished with care.

ALPINE PEDICURE

60 min

This pedicure enhances circulation, revitalizes, and replenishes tired feet. It entails soaking your feet in mineral salts, exfoliating them with a creamy blend of eucalyptus and lavender salt, followed by a massage with a natural foot balm infused with menthol, rosemary, and pine. This experience is finished with a nourishing foot balm.

FOOT GROOMING FOR MEN

60 min

This pedicure promotes circulation stimulation while also rejuvenating and replenishing fatigued feet. It begins with a soak in mineral salts and exfoliation using a creamy blend of eucalyptus and lavender salts. Following the exfoliation, your feet are treated to a massage with a natural foot balm infused with menthol, rosemary, and pine. The pampering session concludes with a nourishing paraffin treatment.

CLASSIC PEDICURE

45 min

Enhance your stride by indulging in a revitalizing foot treatment that includes a soothing soak, gentle exfoliation, expert nail shaping, a relaxing massage, and a flawless polish application.

NAIL ENHANCEMENTS

SHELLAC POLISH

Experience the perfect blend of stunning, long-lasting color and exceptional durability with Shellac.



BODY TREATMENTS

Make time for your body and it will return the favour. These treatments will bring together sensations and scents to heighten your perception of your physical self and your environment, leaving the mind at peace and the body restored. Re-enter the world feeling truly at home in your skin and spirit.

MOUNTAIN HOT STONE TREATMENT

60 min / 90 min

Combining invigorating grapefruit and black pepper with stones heated in water results in a profoundly warming massage experience and a distinct aroma that alleviates tension while dissolving stress. This treatment harmoniously incorporates the four elements, creating a grounding experience. The rock symbolizes earth, the heat embodies fire, aromatherapy evokes air, and the water that soaks the stones represents the element of water.

FOREST THERAPY

90 min

Immerse yourself in the tranquility of nature, nurturing your mind, body, and skin. Experience rejuvenation from the demands of modern life as you cleanse away the effects of pollution and find relief from restlessness and agitation. Forest Therapy's distinctive essential oil blend and acupressure massage methods will amplify your desire to feel revitalized, serene, and rooted. This blissful journey continues with a rejuvenating facial, complemented by a comforting mud mask that revitalizes your face, hands, and feet. Ultimately, a profound sense of peace as our expert scalp massage restores tranquility to your mind.

NEROLI BLOSSOM EXPERIENCE

90 min

Invigorate your senses with our distinctive Neroli signature scent in this profoundly soothing yet uplifting journey featuring energy balancing. It commences with a eucalyptus infused foot cleansing ritual, incorporating reflexology-inspired massage techniques to refresh the mind. Next, indulge in a lymphatic dry brush treatment, followed by a meditative Neroli blossom massage for a harmonious experience.

JASPER WRAP

60 min / 90 min

This rejuvenating wrap is carefully crafted to alleviate muscle tension while enhancing detoxification and moisturization. Beginning with a gentle dry brush exfoliation, it is followed by the indulgent application of aromatherapy oils and a luxurious mineral-rich cream. As you nestle in warm blankets, let go and embrace a profound sense of serenity as our expert hands bestow a soothing massage upon your neck, scalp, and feet.

REFLECTIONS OF BLUE

60 min / 90 min

Let your imagination transport you to lavender fields under the French sun, where you drift on gentle waves of blue. Take a deep breath and savour the calming and balancing effects of lavender in this revitalizing experience. It all begins with a full-body exfoliation, where earthly minerals unite with the healing essence of lavender. Next, indulge in a light to medium pressure massage. Following this, you will be enveloped in warmth, allowing you to unwind, while a nurturing foot and scalp massage gracefully completes this comprehensive head-to-toe treatment.

HONEY & GINGER BODY ELIXIR

60 min / 90 min

Experience the fusion of all-natural, 100% organic honey with the immune-boosting properties of ginger in this body scrub ritual. Enriched with vitamins, minerals, and amino acids, honey provides robust antioxidants that will leave your skin feeling thoroughly moisturized, glowing, and velvety. This session commences with an invigorating scrub and encompasses a massage application followed by a soothing wrap.

SOLE RENEWAL

60 min

Ease tired feet and fatigued muscles with a gentle exfoliation using mineral salts and herbal extracts, coupled with a rejuvenating foot massage. The added warmth of booties, along with a soothing hand, shoulder, and neck massage, will transport you to a heightened state of relaxation.





COUPLES TREATMENTS

Amplify your energies with our couple treatments designed to create genuine bonds like the grand natural Jasper setting—the deep thick forests, the roaring Rocky Mountains and the abundance of foliage. Together, reconnect your minds as your muscles recover to create a powerful bond with each other.

COUPLES SIDE BY SIDE MASSAGE

60 min / 90 min

Indulge in this perfect duo massage, designed for couples, mothers and daughters, or friends wishing for reconnection. Enjoy side-by-side massages using enriching essential oils, which promote relaxation and effortlessly dissolve the stress of daily life.

SACRED MOMENTS

120 min

Embark on a romantic voyage in our luxurious couple's suite, where the ambiance is set by the warm glow of candles, soft music, and the crackling of a cozy fire. This extraordinary experience offers couples a beautiful chance to rekindle their connection. Relish a soothing mineral body scrub and a rejuvenating soak in our spacious soaker tub, culminating with side-by-side massages featuring our exquisite lavender oil. Savour a complimentary glass of champagne!

SERENITY RENEWAL

90 min

Invigorate your senses with our distinctive Neroli signature scent in this profoundly soothing yet uplifting journey for two featuring energy balancing. It commences with a eucalyptus-infused foot cleansing ritual, incorporating reflexology-inspired massage techniques to refresh the mind. Next, indulge in a lymphatic dry brush treatment, followed by a meditative Neroli blossom massage for a harmonious experience.



FACIAL TREATMENTS

The sun shines on us, charging up with the energy we need to get the most out of our days. Your skin deserves to shine too, no matter where you're headed or what you're doing. That's why our skin care treatments feature products that will help repair your skin and have you feeling refreshed. With a natural touch and scientific expertise, we can bring even more beauty to everybody so that we can all enjoy the best of the sun.

LED LIGHT FACIAL

60 min

Celluma light therapy utilizes specific wavelengths of light to address the effects of aging, stimulate skin rejuvenation, and promote increased cellular vitality. Our natural formulations perfectly complement a nourishing facial cleansing and exfoliating regimen. Our finishing products will leave your skin radiantly illuminated.

ADVANCED REPAIR FACIAL

90 min

This tailored therapeutic approach is designed to target individual skin concerns, such as hyperpigmentation, sensitivity, excess oiliness, and premature aging. It encompasses a multi-acid peel to exfoliate the face, neck, décollete, and hands for skin rejuvenation, a thorough cleansing massage to enhance circulation, and a mask to restore balance and nourishment to the skin. The treatment is rounded out with a personalized intensive serum application, soothing heated hand treatment, delivering a comprehensive and rejuvenating experience.

BRIGHTENING FACIAL

60 min / 90 min

Experience the ultimate facial for a radiant and luminous complexion. Cutting-edge formulations are employed to address the hands, face, neck, and décollete resulting in instant enhancements in texture, tone, clarity, and luminosity. Our treatment harnesses the potency of skin-brightening botanicals, combined with a multi-acid peel and a distinctive cooling mask infused with luminous rice, which collectively leave the skin looking lighter, brighter, and exceptionally refined.

CUSTOM CLEANSE FACIAL

60 min / 90 min

Revitalize your skin through the potency of essential oils. This personalized facial is suitable for all skin types and is tailored to address your unique skincare requirements, whether it's dryness and lack of moisture, issues with congestion and problematic skin, or a desire for an immediate revitalization for dull skin. Our expert therapist will conduct a comprehensive consultation to determine the ideal treatment plan that caters to your specific needs.

GENTLEMAN'S FACIAL

60 min / 90 min

Tailored to the unique requirements of men's skin, this facial offers a thorough cleansing and rejuvenation, with a special focus on exfoliation and relief from razor burn. To round out the experience, our skilled therapist incorporates soothing face, neck, and shoulder massage. Furthermore, meticulous attention is given to assess the skin for any sensitivities or specific conditions.

TEEN FACIAL

30 min

This facial is thoughtfully crafted to introduce the long-lasting benefits of proper skincare in a relaxing and informative way. Our facial treatment encompasses gentle skin cleansing and toning, followed by a revitalizing mask and nourishing moisturizer for a holistic experience.



FACIAL ENHANCEMENTS

Elevate your facial experience with our rejuvenating treatments, and enhance your glow with optional facial enhancements. Elevate your skincare routine for a radiant and revitalized look.

EXTRACTIONS

Our skilled estheticians employ expert extraction techniques to delicately remove blackheads and other impurities from your pores.

GUA SHA

Experience the therapeutic touch of the Gua Sha tool as it is expertly applied to your face and neck. The tool's gentle yet firm strokes promote circulation, stimulate collagen production, and encourage lymphatic drainage. Take the Gua Sha experience home with you.

LIP TREATMENT MASK

Our Lip Mask takes your resting schedule up a notch with this tropical escape - containing Peach Extract, Vitamin C, and Shea Butter to hydrate and rejuvenate the delicate skin on your lips. Take the lip mask home with you.

SPA PACKAGES

HEAD TO TOE

150 min

Indulge in a Classic Manicure, Classic Pedicure, and select one of the following 60-minute experiences of your choice: Jasper Wrap, Custom Cleanse Facial, Rockies Relaxation Massage.

ACTIVE OUTDOORSMAN

120 min

Attain an elevated state of relaxation and improved well-being through a 60-minute Therapeutic Massage coupled with a thorough Gentleman's Facial for deep cleansing.

HEAD TO TOE DELUXE

210 min

Elevate your head-to-toe experience with an Aroma Manicure, and an Alpine Pedicure along with the option to indulge in one of the following 90-minute treatments: Jasper Wrap, Custom Cleanse Facial, or Rockies Ritual Massage. Savour a complimentary glass of champagne!

EXPRESS TREATMENTS

EXPRESS MANICURE

30 min

Indulge in a moment of pampering with our express manicure, designed to revive and beautify your hands in a short amount of time. This swift and delightful treatment is perfect for those on the go who crave perfectly groomed nails without sacrificing precious time.

EXPRESS PEDICURE

30 min

This quick and rejuvenating foot treatment is designed for those seeking efficient pampering without compromising on results. We promise your feet will feel ready to take on the day.

EXPRESS FACIAL

30 min

Unwind and revitalize with our express facial, a swift and effective skincare treatment tailored to breathe new life into your complexion. Perfect for those with a busy schedule, this rejuvenating facial offers a rapid yet indulgent escape into radiant skin.

HEAD, NECK AND SHOULDER MASSAGE

30 min

Feel the cares of the day melt away as our skilled therapists employ a combination of soothing strokes, kneading, and gentle pressure on your head, neck, and shoulders. This targeted approach focuses on releasing tension in key areas, promoting a sense of ease and well-being.



TREATMENT ADD-ONS

Embark on a transcendent spa journey and elevate your senses amidst the soothing embrace of nature-inspired therapies. Enrich your experience with curated add-ons, as delicate as petals and as invigorating as a gentle breeze. Let each tailored enhancement be a whisper from the natural world, guiding you to newfound serenity. In this sanctuary, harmonize with the elements, and allow your spa treatment to rejuvenate your spirit to a sublime, nature-infused symphony. Rediscover yourself at the crossroads of tranquility and transformative luxury.

Please contact Fairmont Jasper Park Lodge Spa to ask about how you can elevate your treatment. Call +1 780 852 6014 or email jpl.spa@fairmont.com to learn more.

FOOT MASSAGE

15 min

Enhance your experience with our soothing foot massage, a perfect complement to any of our treatments. Indulge in the skilled manipulation of the soft tissues in your feet, accompanied by a natural foot balm infused with the refreshing scents of rosemary, pine, and menthol. This specialized massage aims to promote deep relaxation and alleviate tension, providing an exquisite addition to your overall wellness journey.

HAIR AND SCALP TREATMENT

15 min

Indulge in the ultimate relaxation with our luxurious scalp massage. Let the skilled hands of our expert therapists release tension, improve circulation, and promote a sense of tranquility. Enhance the experience with the subtle scent of lavender aromatherapy oil, and treat your hair to a spa experience with our deep conditioning treatment, leaving your scalp and hair refreshed and your mind rejuvenated.

DRY BRUSH

30 min

Dry brushing constitutes a revitalizing and therapeutic skincare technique employing a natural bristle brush to exfoliate the skin, stimulate the lymphatic system, and boost circulation. The brush's natural bristles aid in the removal of dead skin cells, fostering a smoother and softer skin texture. This exfoliating process not only promotes a more radiant complexion but also facilitates improved absorption of skincare products, enhancing their overall effectiveness.

TURKISH SCRUB

30 min

Indulge in the opulence of our Turkish Body Scrub, a spa treatment that transcends ordinary exfoliation to deliver a truly luxurious experience. Our exclusive blend of Turkish salts with eucalyptus and lavender provides a gentle yet effective exfoliation, removing dead skin cells and unveiling the radiant skin beneath. This treatment is a sensory journey that revitalizes your skin and rejuvenates your spirit.

BACK FACIAL TREATMENT

30 mins

Treat your back to the pampering it deserves with our back facial, a spa experience designed to rejuvenate and revitalize the often-neglected skin on your back. Indulge in the perfect blend of relaxation and skincare as our skilled therapists transform your back into a canvas of radiant beauty.

SHELLAC REMOVAL

Bid farewell to your current Shellac look with our gentle shellac removal service, where precision meets care. Our skilled technicians understand the importance of maintaining the health and integrity of your natural nails during the removal process, ensuring a gentle and nurturing experience.

PARAFFIN

Elevate your spa experience with our Silky Smooth Paraffin Enhancement, a luxurious add-on service designed to pamper your hands or feet with the unparalleled benefits of warm, molten paraffin wax. This decadent treatment is the perfect complement to any manicure or pedicure, providing an extra layer of indulgence and leaving your skin irresistibly soft.



IN-ROOM SPA KITS

Bring the healing powers of the spa to your guest room. Our In-Room Spa Kits can be delivered to your room or made available for pick-up at Fairmont Spa. For more information, or to order, please contact us at jpl.spa@fairmont.com or 780 852 6014.



POST ADVENTURE ESSENTIALS

\$239.25

Reward your body after a day of adventure. Kerstin Florian's Mineral Wellness Soak contains over 60 trace minerals including magnesium, colloidal silver and iron to nourish and heal the body. Use the Fub Balm infused with menthol and pine bark to help ease your achy muscles while the Ginger Body Oil can be applied to the skin or in the bath to promote circulation and stimulate tired muscles.

Includes:

Kerstin Florian Mineral Wellness Soak / 16 oz

Kerstin Florian Fub Balm / 4.5 fl oz

Kerstin Florian Ginger Bath

& Body Oil / 3.4 fl oz

MINERAL IMMUNITY

\$347

Boost your immune system and harness the power of magnesium, colloidal silver and calcium in each of these products. Exfoliate dull skin with this eucalyptus-infused body scrub before bathing in our Mineral Wellness Soak, followed by the Thermal Mineral Shower and Bath Gel. Nourish your body with Lavender Bath and Body Oil enriched with Vitamin E.

Includes:

Kerstin Florian Mineral Wellness Soak / 16 oz

Kerstin Florian Turkish Scrub / 11.6 oz

Kerstin Florian Thermal Mineral Shower Bath Gel / 13.5 oz

Kerstin Florian Lavender Bath & Body Oil / 3.4 oz

Mountain Springs Candle / 25 oz

STRESS RELIEF

\$345.50

The Theragun mini is your pocket-sized partner, giving you quality muscle treatment with unparalleled portability. Treat yourself to a massage at home, work or on the go with this compact but powerful Theragun mini that goes wherever you do. Soothe stimulated muscles with the cooling and invigorating Kerstin Florian Fub Balm, featuring menthol, rosemary, pine and lavender botanicals to help ease tension and soreness in muscles and joints.

Includes:

Mini Theragun Massager

Kerstin Florian Fub Balm / 4.5 fl oz

FOREST THERAPY

\$167

Dissolve the everyday stresses of urban life and immerse your senses in the healing experience of our Forest Therapy blend inspired by the Japanese art of Forest Bathing or spend time in amongst the trees to rejuvenate your mind, body and soul. With oils from flora native to Jasper National Park, this blend includes juniper and pine to clear and calm.

Includes:

Aromatherapy Associates Forest Therapy Shower & Bath Oil / 1.85 fl oz

Aromatherapy Associates Forest Therapy Rollerball / 0.33 fl oz



ABOUT



FAIRMONT JASPER PARK LODGE

The bracing air, mountain vistas, majestic forests, and cool streams of the surrounding region are reflected in the spa's design. From the moment you step into the grand, nature-inspired entrance, you will be soothed by the sight and sound of water gently flowing over undulating tiers of natural rock. A reflection lounge, accented with pine and stone, provides a restful place to relax alone or with friends in the warm glow of a fire. Our treatment rooms, steam rooms, and saunas, reminiscent of pure glacial waters, allow guests to unwind in true mountain luxury, while pine corridors represent the tree-lined paths that wind throughout Jasper.

HOURS OF OPERATIONS

FAIRMONT SPA

Mon - Thurs / 10:00 AM - 7:00 PM

Fri - Sun / 8:30 AM - 7:30 PM

FITNESS CENTRE

24 hours, accessible via guest room key

POOL

Daily / 8:00 AM - 10:00 PM

OUR PRODUCT PHILOSOPHY

Fairmont Spa emphasizes many aspects when choosing products for each of our Fairmont Spas around the world. With luxury in mind, each brand selected demands quality and results-driven treatments, which are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible—reflecting our social responsibility. Our relationships with the product houses are essential to ensure that we have premium spa products and training available for every encounter with our guests.

MAKING APPOINTMENTS

You can consult our spa experience coordinators to determine which treatments will benefit your specific needs. Reservations are recommended to ensure availability. Book with us in person at the spa, located on the lower level of the Main Lodge or contact us via phone or email:

T +1 780 852 6014

E jpl.spa@fairmont.com

Online at jasper-park-lodge.com/wellness/spa

ARRIVAL AND ETIQUETTE

We recommend you arrive 15 – 30 minutes before your appointment to allow yourself time to enjoy the facilities and ensure your treatment starts as scheduled. Late arrivals may result in a reduction in your treatment experience. As Fairmont Spa Jasper Park Lodge is a place of calm and focus, please refrain from using cell phones and other electronic devices for the peace and privacy of all our guests.

PERSONAL MATTERS

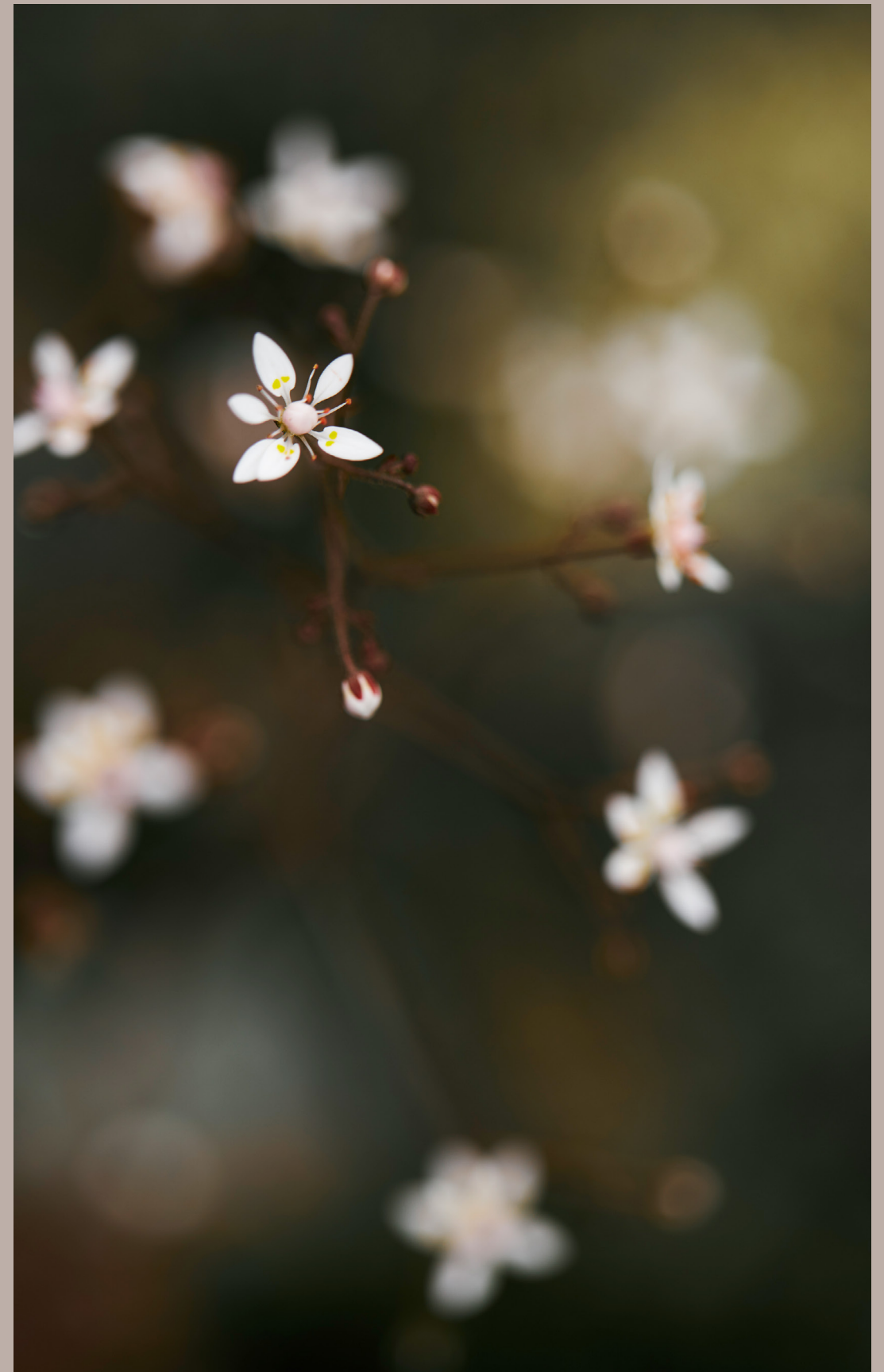
Please inform us of any health concerns, allergies, medical conditions, pregnancies, recent injuries, surgeries or anything else we need to be aware of at the time of the booking.

SPA CANCELLATION POLICY

To cancel or reschedule an appointment, please notify the spa 24 hours in advance. If we cannot resell your appointment within 24 hours, it will be charged to your credit card. Cancellation of packages requires 48-hour notice.

TAXES AND SERVICE CHARGES

For your convenience, an 18% service charge and 5% GST will be added to all spa experiences and packages. Rates are subject to change.



A SPACE FOR THE SENSES

Duality is at the heart of all we do here—the natural and the technological, movements and stillness, sunrise and sunset. Much like the iconic hotel we call home, Fairmont Spa Jasper Park Lodge blends timeless mid-century modern interior with thoughtful contemporary touches to situate every guest in the present moment. Warm welcoming woods complement the natural elements around the resort, supporting mindfulness and well-being before treatment begins.

Beyond our traditional services, you can enjoy our fitness centre, featuring premium exercise equipment, studio space for fitness classes, and an outdoor heated pool to hydrate your senses while you overlook Lac Beauvert. Through our change room doors, we encourage you to take a deep breath in our Eucalyptus-infused steam room and dry sauna after your treatment to stimulate the senses and aid in relaxation. For those looking to raise their heart rate outdoors, we also offer a running app, RunGo, and workout apparel, Fairmont Fit. No matter where you are on your well-being journey, you can take the next step at Fairmont Spa Jasper Park Lodge.



