

VALMONT
four



SPA VALMONT MENU



The prestigious Valmont Spa offers an exceptional range of relaxing and revolutionary treatments guaranteed to reconcile body and spirit. Each treatment is a timeless experience, an energetic rebirth. The Valmont Spa invites you to discover an unmatched sense of harmony and serenity.

Welcome to a world of absolute well-being!

RITUALS



For an experience of total relaxation, indulge in one of our spa rituals, a combination of your favourite treatments.

« Hors du Temps » Ritual

- Private hammam (30')
 - « Anti-Stress » massage (45')
- 75' / CHF 180.-

« Miel d'Ambre » Ritual

- « Miel d'Ambre » scrub (30')
 - Traditional relaxing massage (60')
- 90' / CHF 280.-

« Écrin de Beauté » Ritual

- Traditional relaxing massage (60')
 - Valmont facial (60')
- 120' / CHF 370.-

All our rituals include access to our facilities (swimming pool, fitness, sauna, hammam).

MASSAGES



The Valmont Spa offers an extensive menu of massages adapted to your needs. Whichever your choice, you will be immersed into a state of exquisite relaxation.

Signature Massage with a Candle

- Awaken your senses with an enveloping aromatic massage
60' / CHF 220.-

Ceremonial marocMaroc® Massage

- Foot bath and aromatic scrub
- A massage with stretching and hot stones
75' / CHF 220.-

Traditional Relaxing Massage

- A personalized relaxing massage
60' / CHF 200.- | 90' / CHF 295.-

MASSAGES



Deep Tissue Massage

- An optional private hammam (30')
- An intense 60-minute massage with firm pressure and slow movements to reach the deepest muscle layers
60' (with hammam) | 90' (without hammam) / CHF 245.-

Ayurveda Massage

- An Indian massage with a warm aromatic oil used to rebalance energy flow
60' / CHF 205.-

Pregnancy Massage

(from 3 until 8 months of pregnancy)

- A prenatal massage for mother and baby adapted to your needs
60' / CHF 200.-

Duo Massage

- A traditional relaxing massage in one of our double cabins
60' / CHF 400.- | 90' / CHF 590.-

MASSAGES



Anti-Stress Massage

- A personalized massage (back, neck and shoulders)
45' / CHF 160.-

Localized Relaxing Massage

- A massage of the area of your choice:
Back • Legs • Face
30' / CHF 110.-

Lymphatic Drainage

- A gentle technique that reduces fluid retention and activates the body's healing abilities
60' / CHF 180.-

Foot Reflexology

- Relieves stress and other emotions
- Helps with digestive and sleep disorders
- Stimulates toxin elimination, blood and lymphatic circulation
30' / CHF 110.- | 60' / CHF 200.-

MASSAGES



Massage subscription

(excluding Deep Tissue and Signature Massage)

- 5h of massage (valid 6 months)
CHF 875.-
- 10h of massage (valid 1 year)
CHF 1'650.-
- 20h of massage (valid 1 year)
CHF 3'200.-



VALMONT FACIALS



Since its creation, Valmont has been deploying all of its know-how in the anti-ageing field. Valmont offers a wide range of professional skincare treatments which combines expertise, product performance and the science of movement. Through unique and exclusive protocols, Valmont's treatments are emblematic, in particular with reference to the « Butterfly Movement », a gesture which gives a certain rhythm to the treatment. Each beauty ritual is inspired by the brand's Swiss heritage.



VALMONT FACIALS



Hydration of Bisses

- A highly relaxing, delicate and slow-paced massage focusing on the lymphatic system to improve fluid mobility
- The skin looks plumped, juicy and bouncy
60' / CHF 240.- | 75' / CHF 270.-*



Energy of the Glaciers

- An energetic yet relaxing massage focusing on the vascular system to improve oxygenation
- The skin is energized and revitalized, the complexion looks fresh and luminous
60' / CHF 240.- | 75' / CHF 270.-*

All Valmont facial treatments include the application of a regenerating collagen mask.

** Facial massage with the Prime Renewing Pack in addition.*

VALMONT FACIALS



Luminosity of Ice

- A decongesting massage focusing on facial reflexology to clear the skin, eliminate spot and shadow zones
- The complexion immediately appears radiant, glowing and uniform
60' / CHF 240.- | 75' / CHF 270.-*



Lift from the Peaks

- A deep and slow massage based on fascia therapy to relax or tone the muscles for an anti-wrinkle action
- This specific facial works like a lifting, redesigning the oval, smoothing wrinkles and redensifying the skin
60' / CHF 240.- | 75' / CHF 270.-*

All Valmont facial treatments include the application of a regenerating collagen mask.

** Facial massage with the Prime Renewing Pack in addition.*

VALMONT FACIALS



Reflexion on a Frozen Lake

- A comprehensive and targeted eye treatment to eliminate wrinkles, bags, dark circles and puffiness
 - The youth and radiance of the gaze is restored
- 60' / CHF 170.-



Majestic Treatment

- This comprehensive treatment designed for the face and the décolleté offers a moment of perfect delight
 - Soin Majestueux nourishes, sculpts and remodels combining three different massage protocols
 - Stress vanishes thanks to an energizing massage, leaving the face smooth and radiant
 - A lifting, nourishing massage inspired by surgical lifting techniques targets the muscles of the face for toning action that smooths facial lines
- 90' / CHF 390.-

All Valmont facial treatments include the application of a regenerating collagen mask.

** Facial massage with the Prime Renewing Pack in addition.*



Discover new, beautiful and radiant skin with specialized facial care products. Face rituals developed by marocMaroc® consist of gentle techniques combining a mixture of surprising sensations sure to relax your facial features and chase away the signs of fatigue. The face products are suitable for any age group due to their rich formulas and unctuous textures.

Facial « Cactea »

This complete treatment provides a youthful effect thanks to active ingredients based on prickly pear, a rare oil at the heart of each product in the anti-ageing range.

- The precious prickly pear oil appreciated for its incredible antioxidant, regenerating, nourishing and rejuvenating effects (restructuring collagen)
- Lifting and draining manoeuvres for a luminous complexion and firmer skin

60' / CHF 175.-



Facial « Richesse d'Arganier »

A moisturizing and regenerating treatment for nature lovers with aromas of orange blossom, almond and rose.

- Rhassoul purifies the skin, tightens the pores and brightens the complexion
- A precise and effective facial modelling « the 20 manoeuvres » to combat the ageing of the skin

60' / CHF 165.-



HYDRAFACIAL MD®



This treatment guarantees the smoothest of skin using a machine to deeply cleanse, exfoliate and extract impurities, adding exclusive serums to moisturize and protect the skin over the long term. Hydrafacial MD® uses patented technology to achieve the most spectacular results.

Signature HydraFacial by Valmont

- Booster Hydrafacial MD® (30')
 - A plumping facial massage (25')
 - Application of a Valmont regenerating collagen mask (20')
- 75' / CHF 320.-

Booster HydraFacial MD®

- A gentle facial cleansing with glucosamine
 - A gentle glycolic acid peeling
 - A painless extraction of blackheads with salicylic acid
 - An in-depth hydration with hyaluronic acid
- 30' / CHF 180.-

HYDRAFACIAL MD®



HydraFacial MD®

- A gentle facial cleansing with glucosamine
 - A gentle glycolic acid peeling
 - A painless extraction of blackheads with salicylic acid
 - An in-depth hydration with hyaluronic acid
 - LED light treatment
- 60' / CHF 295.-

Deluxe HydraFacial MD®

- A lymphatic drainage of the face
 - A gentle cleansing of the face and cleavage with glucosamine
 - A mild peeling based on glycolic acid
 - A painless extraction of blackheads with salicylic acid
 - An anti-wrinkle treatment with DermaBuilder
 - Deep hydration with hyaluronic acid
 - LED light treatment
 - Application of a collagen mask
- 90' / CHF 375.-

DUO SUITE



Our « Fleur de Lotus » Suite offers an intimate and romantic experience. A hydromassage bath, a private hammam and two side-by-side massage tables will offer you an unforgettable experience for two.

Suite Rental for 1 or 2 People

- An intimate and romantic space with hydromassage bath and private hammam
60' / CHF 240.-

« Duo Suite » Experience

- An intimate and romantic space with hydromassage bath and private hammam
 - A relaxing traditional Duo massage (60')
150' / CHF 570.-

*Tea, fruit juice and pastries offered.
The Duo Suite offers a minibar for additional consumption.*

DUO SUITE



« Richesse d'Arganier » Experience

- An intimate and romantic space with hydromassage bath and private hammam
 - A Duo facial « Richesse d'Arganier » marocMaroc® (60')
- 150' / CHF 500.-

« Signature Massage » Experience

- An intimate and romantic space with hydromassage bath and private hammam
 - A signature Duo massage with a candle (60')
- 150' / CHF 600.-

*Tea, fruit juice and pastries offered.
The Duo Suite offers a minibar for additional consumption.*

HAMMAM



Experiences Hammam marocMaroc®

Each product is inspired by a story, a ritual, an ingredient evoking a facet of Morocco. Preserving the origins of traditional Moroccan beauty, marocMaroc® recalls and sublimes through its products the generous black soap, the purifying rhassoul, the sweet almond or the virtuous rose water. All treatments carried out in our hammam are performed using products of the marocMaroc® brand.

Private Hammam (max. 5 people)

Our hammam consists of three rooms with different temperatures: the first is at ambient temperature, the second is warmer (here you can enjoy tea and dried fruit) and finally the hammam at 45°C, this room is scented with eucalyptus oil.

At your disposal : makeup remover, black soap and Kessa glove.

45' / CHF 60.- (per person)

« Évasion » Hammam

- Private hammam
 - An application of black soap and a scrub with our Kessa glove
 - « Miel d'Ambre » body exfoliation
- 60' / CHF 160.-



HAMMAM



« Temps pour Soi » Hammam

- Private hammam
- An application of black soap and a scrub with our Kessa glove
 - « Miel d'Ambre » body exfoliation
 - Shampoo and mask with scalp massage
- Moisturizing wrap with the « Rose de Sucre »
90' / CHF 260.-

« Lumière sur le Corps » Hammam

- Private hammam
- An application of black soap and a scrub with our Kessa glove
 - « Miel d'Ambre » body exfoliation
 - Shampoo and mask with scalp massage
 - Ceremonial marocMaroc® massage
- 135' / CHF 340.-

MARTINE DE RICHEVILLE



Martine de Richeville FACE

A manual treatment for the face and neck combining effleurage, palpating-rolling and drainage with precision and firm movements. The face visibly relaxes, weakened skin regains its freshness and ability to defend itself.

Martine de Richeville BODY

A manual treatment that reshapes the silhouette, releases toxins, boosts circulation and oxygenates the skin.

Face Session
40' / CHF 160.-

Cure of 10 Face Sessions
CHF 1'400.-

Body Session
50' / CHF 190.-

Cure of 10 Body Sessions
CHF 1'700.-

BODY



Complementary Body Treatments

Make your experience unforgettable with our little extras.

Hydromassage Bath for 2 People

- Ideal before receiving a body treatment
- Improves circulation by activating venous return
30' / CHF 90.-

Detoxifying Body Scrub

- Eliminates dead cells leaving the skin silky and soft
30' / CHF 85.- (when added to an existing treatment)
45' / CHF 130.- (with application of a moisturizing cream)

BODY



Rhassoul Wrap*

- Detoxifies and softens the skin
30' / CHF 60.- (when added to an existing treatment)
45' / CHF 90.- (with application of a moisturizing cream)

Moisturizing Cream Wrap

- Hydrates and nourishes the skin
30' / CHF 60.- (when added to an existing treatment)

Application of rhassoul only in the hammam.

BEAUTY

VALMONT
pour



Well-being combined with beauty treatments from head to the tips of your nails.



WAXING



Half legs CHF 60.-

Whole legs CHF 90.-

Armpits CHF 30.-

Arms CHF 45.-

Back CHF 90.-

Classical bikini CHF 55.-

Brazilian bikini CHF 70.-

Integral bikini CHF 90.-

Eyebrows CHF 25.-

Lips CHF 20.-

Face CHF 50.-

TINTING SERVICES



Eyelashes

CHF 50.-

Eyebrows

CHF 45.-

Eyelashes & Eyebrows

CHF 85.-



BEAUTY OF HANDS



Manicure Spa

- Nail cutting, filling and cleaning
 - Hand massage
 - Nail polish
- 60' / CHF 120.-

Express Manicure (without nail polish)

- Nail cutting, filling and cleaning
 - Hand massage
- 45' / CHF 80.-

Filing & Nail Polish (only)

30' / CHF 55.-

Semi-permanent manicure supplement

CHF 20.-

BEAUTY OF FEET



Pedicure Spa

- Foot bath with exfoliation
 - Nail cutting, filing and cleaning
 - Nourishing mask and foot massage
 - Nail polish
- 75' / CHF 135.-

Express Pedicure (without nail polish)

- Foot bath with exfoliation
 - Nail cutting, filing and cleaning
 - Nourishing mask and foot massage
- 45' / CHF 90.-

Filing & Nail Polish (only)

30' / CHF 55.-

Semi-permanent pedicure supplement

CHF 20.-

MEN



*Tailor-made treatments specifically adapted to male skin for
a moment of tranquility and total relaxation.*

Facial « Instant Glow » by Valmont*

- This stimulating treatment specially designed for men reduces wrinkles and fine lines to leave skin radiant and toned
45' / CHF 180.-
60' / CHF 240.-
(with application of a regenerating collagen face mask Valmont)

**Shaving : We do not recommend shaving before exfoliating or waxing.
However, it is recommended to shave two to three hours before a facial treatment.*



MEN



Facial Booster HydraFacial MD®*

- Gentle facial cleansing with glucosamine
 - Gentle glycolic acid peeling
 - Painless extraction of blackheads with salicylic acid
 - In-depth hydration with hyaluronic acid
- 30' / CHF 180.-

Regenerating Collagen Mask Valmont*

- Hydrates the skin intensely, a rejuvenating facelift effect
 - Soothes redness, smoothed wrinkles and deeply relaxes tired features
- 30' / CHF 100.-

**Shaving : We do not recommend shaving before exfoliating or waxing.
However, it is recommended to shave two to three hours before a facial treatment.*

MEN



Back Waxing

45' / CHF 90.-

Face Waxing

15' / CHF 20.- (per zone)

Man Manicure

- Nail cutting, filing and cleaning
 - Hand massage
- 45' / CHF 80.-

Man Pedicure

- Foot bath with exfoliation
 - Nail cutting, filing and cleaning
 - Nourishing mask and foot massage
- 60' / CHF 110.-

CHILDREN



*A treatment menu dedicated to children from 7 to 12 years old,
designed to evoke childhood dreams and emotions using
natural products with scrumptious gourmet notes.*

« Rêve d'Ange » Ritual

- Honey wrap (30')
 - The mini treatment of your choice: (30')
- Mini Massage / Mini Facial Treatment / Mini Manicure / Mini Pedicure)
60' / CHF 150.-

Mini Massage

- Personalized massage adapted to the morphology and needs of children
30' / CHF 100.-

*Little gourmet surprise included. The presence of an adult is required.
All products intended for children are of natural and organic origin in
order to preserve their delicate skin.*

CHILDREN



Mini Facial Treatment

- Adapted care: cleansing, mask and massage for a pretty face
30' / CHF 100.-

Mini Manicure or Pedicure

- Magic care to nourish and beautify little hands or feet
- Cutting, filing, massage and nail polish application
30' / CHF 100.-

Parents & Children Experience

- A tailor-made shared moment of relaxation

*Little gourmet surprise included. The presence of an adult is required.
All products intended for children are of natural and organic origin in
order to preserve their delicate skin.*

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FITNESS

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four



In the city center of Geneva, located in the prestigious Fairmont Grand Hotel Geneva, 250m2 of luxurious space is dedicated to sport and wellness : Technogym machines, group classes, private coaching, indoor swimming pool, sauna and hammam.



GYM MEMBERSHIPS



GOLD MEMBERSHIP

Pool & Fitness
Access from 6:00 to midnight
Access to group classes
Free laundry service
2 hours of parking
20% discounts on Spa treatments
5% discount on Spa products

<i>GOLD 1 MONTH</i> <i>CHF 600.-</i>	<i>GOLD 6 MONTHS</i> <i>CHF 2600.-</i>	<i>GOLD 1 YEAR</i> <i>CHF 4500.-</i>
<i>2 invitations</i>	<i>3 invitations</i>	<i>5 invitations</i>
<i>1 massage of 30'</i>	<i>1 massage of 60'</i>	<i>2 massages of 60'</i>
	<i>1 Valmont facial treatment 30'</i>	<i>1 Valmont facial treatment 30'</i>
	<i>3 coachings</i>	<i>5 coachings</i>

GYM MEMBERSHIPS



CLASSIC MEMBERSHIP

Pool & Fitness

Access from 6:00 to midnight

Access to sauna and hammam

CLASSIC 3 MONTHS
CHF 1300.-

CLASSIC 6 MONTHS
CHF 2000.-

CLASSIC 1 YEAR
CHF 3000.-

PERSONAL TRAINING



PERSONAL TRAINING

Member

1 session of 60' CHF 120.-

10 sessions of 60' CHF 1000.-

20 sessions of 60' CHF 1500.-

30 sessions of 60' CHF 2000.-

Non-Member

1 session of 60' CHF 150.-

10 sessions of 60' CHF 1500.-

20 sessions of 60' CHF 2250.-

30 sessions of 60' CHF 3000.-

DAY PASS



Day Pass

*Access to swimming pool, fitness, sauna and hammam from
10:00am to 7:00pm*

MONDAY-SUNDAY

1 pass (adult) CHF 100.-*

1 pass (children) CHF 70.-

**Adult : from 16 years old*

FURTHER INFORMATION



Book an appointment

We recommend that you reserve treatments and rituals in advance to avoid disappointment. If you are staying at the Hotel, dial Spa (or 9444) from your room. From outside the Hotel, dial +41 (0) 22 908 94 44.

Arrival

To take full advantage of your experience, we invite you to come to the Spa 15 minutes before your appointment time to complete our health questionnaire and change.

Delay

We draw your attention to the fact that a delayed arrival will result in a reduced treatment duration in order to ensure our punctuality for our next client.

Booking and cancellation policy

All appointments are recorded with your credit card number. If you wish to reschedule or cancel your appointment, please contact us 24 hours in advance to avoid a 50% cancellation fee. Last minute cancellation will result in the billing of 100% of the planned services (cures and coaching sessions included).

FURTHER INFORMATION



Health considerations

When booking, please indicate whether you are pregnant or suffering from hypertension, allergies or any other pathology that could affect the smooth running of your experience. This information should also be noted on your health questionnaire upon arrival; it will help us to suggest the most appropriate treatment for you.

Mobile phones

In order to maintain a calm and relaxing environment and to respect the privacy of all guests, please switch off all your mobile devices during your visit.

Personal belongings and valuables objects

We decline all responsibility in case of loss, theft or damage to your personal effects during your visit to the spa. Daily lockers (equipped with a small safe for your valuables) are available in the changing rooms for your clothes and shoes.

FURTHER INFORMATION



Age and Dress Requirements

Treatments

Facials, massages and body treatments are available to clients aged 16 years with parental permission. Manicure and pedicure services are available at any age. For your comfort, bathrobe and slippers are provided. Your therapist will also provide you with disposable underwear before the treatment begins. All our therapists are qualified professionals which guarantees you maximum service quality and integrity. However, our massages are non-therapeutic and cannot be compared to any medical or paramedical practice.

Gym and relaxation area

Access to the gym, sauna and hammam is authorized from the age of 14, accompanied by an adult. The use of appropriate sports shoes and clothing is compulsory in our fitness room.

Swimming pool

Our swimming pool is not supervised by a lifeguard. Swimming is entirely your responsibility. Children of all ages are welcome from 10:00am to 6:00pm. However, we ask children under the age of 16 to be accompanied by an adult. After 6:00pm the pool is reserved only for guests over 16 years of age. For hygiene reasons, we ask all our guests to take a shower before entering the pool. Please note that our relaxation area (swimming pool–hammam–sauna) is a mixed area.

FURTHER INFORMATION



OPENING HOURS

Treatments

10:00am-8:00pm

Swimming-pool and fitness

6:00am-12:00 (for fitness members and hotel guests)

10:00am-7:00pm (for outside guests)

Please note that the opening hours may change and preferably refer to the official site www.spageneva.ch

Sauna and hammam

7:30am-9:30pm (for fitness members and hotel guests)

10:00am-7:00pm (for outside guests)

To contact us

Dial Spa (or 9444) directly from your room

Phone number: +41 22 908 94 44

Whatsapp: +41 79 701 61 10

Instagram: [@spavalmontgeneva](https://www.instagram.com/spavalmontgeneva)

www.spageneva.ch

Quai du Mont-Blanc 19

1201 Genève, Suisse