



# SPA VALMONT

FAIRMONT GRAND HOTEL GENEVA

WELL-BEING EXPERT

*Fairmont*  
GRAND HOTEL GENEVA



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*The prestigious Valmont Spa offers an exceptional range of relaxing and revolutionary treatments, guaranteed to reconcile body and spirit. Each treatment is a timeless experience, an energetic rebirth. The Valmont Spa invites you to discover an unmatched sense of harmony and serenity. Welcome to a world of absolute well-being.*

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# R I T U A L S



*Indulge yourself with one of our spa packages.  
A combination of your favourite treatments guaranteeing the most relaxing  
experience.*

## « HORS DU TEMPS » RITUAL

- Private hammam (30')
  - « Anti-Stress » Massage (45')
- 75 MIN. CHF 180

## « MIEL D'AMBRE » RITUAL

- « Miel d'Ambre » Scrub (30')
  - Traditional Relaxing Massage (60')
- 90 MIN. CHF 280

## « ÉCRIN DE BEAUTÉ » RITUAL

- Traditional Relaxing Massage (60')
  - Valmont Facial (60')
- 120 MIN. CHF 370

# M A S S A G E S



*The prestigious Valmont Spa offers a complete range of massages created to provide a true source of unmatched wellbeing. Whichever your choice, you will be immersed into a state of exquisite relaxation.*

## VALMONT TONING AND RESHAPING MASSAGE

- The silhouette is harmoniously redesigned, contours refined, skin texture finer and skin toned.  
50 MIN. CHF 200

## SIGNATURE MASSAGE WITH A CANDLE

- Evoke your senses with an enveloping aromatic massage.  
60 MIN. CHF 220

## CEREMONIAL MAROCMAROC® MASSAGE

- Foot Bath and Aromatic Scrub followed by a massage with stretching.  
75 MIN. CHF 220



### TRADITIONAL RELAXING MASSAGE

- A personalized relaxing massage.  
60 MIN. CHF 200 | 90 MIN. CHF 295

### DEEP TISSUE MASSAGE

- An optional private hammam (30')
- An intense 60-minute massage with firm pressure and slow movements to reach the deepest muscle layers.  
60 MIN. (without hammam) | 90 MIN. (with hammam) CHF 245

### AYURVEDA MASSAGE

- An indian massage with warmed aromatic oils used to rebalance energy flow.  
60 MIN. CHF 205



### « ANTI-STRESS » MASSAGE

- A personalized massage (back, neck and shoulders).  
45 MIN. CHF 160

### LOCALIZED RELAXING MASSAGE

- A massage of the area of your choice :  
Back • Legs • Face  
30 MIN. CHF 110

### DUO MASSAGE

- A traditional relaxing massage in one of our double cabins.  
60 MIN. CHF 400 | 90 MIN. CHF 590



## LYMPHATIC DRAINAGE

- A gentle technique that reduces fluid retention and activates the body's healing abilities.  
60 MIN. CHF 180

## FOOT REFLEXOLOGY

- Relieves stress and other emotions. Can help with digestive and sleep disorders.
  - Stimulates toxin elimination, blood and lymphatic circulation.30 MIN. CHF 110 | 60 MIN. CHF 200

## PREGNANCY MASSAGE

(from 3 until 8 months of pregnancy)

- A prenatal massage for mother and baby adapted to your needs.  
60 MIN. CHF 200



# F A C I A L S



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*Since its creation, Valmont has been deploying all of its know-how in the anti-aging field. Valmont offers a wide range of professional skincare products, which combines expertise, product performance and the science of movement.*

*Through unique and exclusive treatment protocols, Valmont's treatments are unmistakable, in particular with reference to the « Butterfly movement », a gesture which gives a certain rhythm to the treatment. Each beauty ritual is inspired by the brands Swiss heritage.*

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VALMONT  
HYDRATION OF BISSES

- Hydrating treatment
  - This facial treatment is a deep-hydrating bath, the skin is re-plumped and dehydration wrinkles are visibly diminished.
- 60 MIN. CHF 240 | 75 MIN. CHF 270



VALMONT  
ENERGY OF THE GLACIERS

- Revitalising treatment
  - This stimulating treatment boosts cellular renewal. Wrinkles and fine lines fade away leaving the complexion radiant and toned.
- 60 MIN. CHF 240 | 75 MIN. CHF 270



VALMONT  
LUMINOSITY OF ICE

- Radiance-restoring treatment.
  - This treatment focuses on facial reflexology and eliminates spot, shadow zones
  - The complexion immediately appears radiant, glowing and uniform.
- 60 MIN. CHF 240 | 75 MIN. CHF 270



VALMONT  
LIFT FROM THE PEAKS

- Anti-ageing treatment.
  - This specific facial works like a lifting, redesigning the oval, smoothing wrinkles and redensifying the skin.
- 60 MIN. CHF 240 | 75 MIN. CHF 270





## VALMONT MAJESTIC TREATMENT

- Regenerating facial treatment
- This complete treatment for the face and cleavage offers a moment of pure pleasure with the exceptional Élixir des Glaciers treatment range. Your therapist combines three massage techniques, including Kobido - an age-old technique targeting facial muscles.

90 MIN. CHF 390

*All Valmont facial treatments include the application of a regenerating collagen mask.*

## KOBIDO FACIAL MASSAGE

- Kobido is an ancestral Japanese facial art whose lifting massage stimulates the muscles and tissues of the face and neck, both on the surface and in depth.
- 100% natural, it acts on sagging skin, helps combat the signs of aging and improves lymphatic circulation. A deeply relaxing treatment.

60 MIN. CHF 200





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*Discover new, beautiful and radiant skin with specialized facial care products. Face rituals developed by marocMaroc consist of gentle techniques combining with a mixture of surprising sensations unsured to relax your facial features and chase away the signs of fatigue. The face products are suitable for any age group due to their rich formulas and onctuous textures.*

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MAROCMAROC  
« CACTÉA » FACIAL

- Complete antioxidant and regenerating treatment with prickly pear for an immediate youthful effect.
  - Your skin is brightened, firmed and moisturized.
- 60 MIN. CHF 175

MAROCMAROC  
« FIRMNESS » FACIAL

- For all nature lovers, evoke your senses with aromas of orange blossom, almond and rose.
- Rhassoul purifies the skin, tightens the pores and brightens the complexion.
  - A precise and effective facial modelling « the 20 manoeuvres » to combat the aging of the skin.
- 60 MIN. CHF 165

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*HydraFacial treatment guarantees the smoothest of skin using a machine to deeply cleanse, exfoliate and extract impurities. Adding exclusive serums to moisturize and protect the skin over the long term. HydraFacial uses patented technology achieving the most spectacular results.*

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« SIGNATURE HYDRAFACIAL BY VALMONT »

- Booster Hydrafacial (30')
  - A plumping facial massage (15')
  - A Valmont Regenerating Collagen Mask (30')
- 75 MIN. CHF 320

BOOSTER HYDRAFACIAL MD®

- A gentle facial cleansing with glucosamine.
  - A gentle glycolic acid peeling.
  - A painless extraction of blackheads with salicylic acid.
  - An in-depth hydration with hyaluronic acid.
- 30 MIN. CHF 180



## HYDRAFACIAL MD®

- A gentle facial cleansing with glucosamine.
    - A gentle glycolic acid peeling.
  - A painless extraction of blackheads with salicylic acid.
    - An in-depth hydration with hyaluronic acid.
      - LED light treatment.
- 60 MIN. CHF 295

## DELUXE HYDRAFACIAL MD®

- A lymphatic drainage of the face.
    - A gentle cleaning of the cleavage.
  - A gentle cleansing of the face with glucosamine.
    - A mild peeling based on glycolic acid.
  - A painless extraction of blackheads with salicylic acid.
    - An anti-wrinkle treatment with DermaBuilder.
    - Deep hydration with hyaluronic acid.
      - LED light treatment.
    - Applying a collagen moisturizer.
- 90 MIN. CHF 375





# D U O   S U I T E

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*Our « Fleur de Lotus » Suite offers an intimate and romantic experience.  
A hydromassage bath, a private hammam and two side-by-side massage tables will  
offer you a romantic and unforgettable experience for two.*

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### RENTAL SUITE FOR 2 PEOPLE (1H)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam.  
60 MIN. CHF 240

### « DUO SUITE » EXPERIENCE (2H30)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam.
- A relaxing traditional massage (60')  
150 MIN. CHF 570

### « RICHELISSE D'ARGANIER » EXPERIENCE (2H30)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam.
- A facial « Firmness Ritual » marocMaroc (60')  
150 MIN. CHF 500

### MASSAGE « SIGNATURE » EXPERIENCE (2H30)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam.
- A signature massage with a candle (60')  
150 MIN. CHF 600

Tea, fruit juice and pastries offered.



# H A M M A M



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## *Hamam marocMaroc® Experiences*

*Each product is inspired by a story a ritual, an ingredient evoking a facet of Morocco. Preserving the origins of traditional Moroccan beauty, marocMaroc recalls and sublimes through its products : the generous black soap, the purifying rhassoul, the sweet almond or the virtuous rose water. All treatments carried out in our hammam are performed using products of the brand marocMaroc.*

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### PRIVATE HAMMAM (MAX. 5 PEOPLE)

Our hammam consists of three rooms with different temperatures. The first space is ambient, the second room has a warmer temperature, here you can enjoy tea and dried fruit and finally the hammam at a temperature of 45°C, this room is scented with eucalyptus oil. At your disposal : makeup remover, black soap and Kessa glove.

45 MIN. CHF 60 (per person)

### « ÉVASION » HAMMAM

- Private hammam
- An application of black soap and a scrub with our Kessa glove
- Exfoliation with « Miel d'Ambre » scrub

60 MIN. CHF 160



### « TEMPS POUR SOI » HAMMAM

- Private hammam
- An application of black soap and a scrub with our Kessa glove
  - Body exfoliation with « Miel d'Ambre »
  - Face exfoliation « Grains de Lumière »
  - Shampoo and mask with scalp massage
- Moisturizing wrap with the « Rose de Sucre »

90 MIN. CHF 260

### « LUMIÈRE SUR LE CORPS » HAMMAM

- Private hammam
- An application of black soap and a scrub with our Kessa glove
  - Body exfoliation with « Miel d'Ambre »
  - Face exfoliation « Grains de Lumière »
  - Shampoo and mask with scalp massage
- Ceremonial marocMaroc massage

120 MIN. CHF 340

M A R T I N E   D E  
R I C H E V I L L E



MARTINE DE RICHEVILLE FACE

A manual treatment for the face and neck combining effleurage, palpating-rolling and drainage with precision and firm movements. The face visibly relaxes, weakened skin regains its freshness and ability to defend itself.

MARTINE DE RICHEVILLE BODY

A manual treatment that reshapes the silhouette, releases toxins, boosts circulation and oxygenates the skin.

FACE SESSION

40 MIN. CHF 160

10 Face Sessions Cure

CHF 1400

BODY SESSION

50 MIN. CHF 190

10 BODY SESSIONS CURE

CHF 1700

# COMPLEMENTARY TREATMENTS



*Make your experience unforgettable with our little extras...*

## HYDROMASSAGE BATH

- Ideal before receiving body treatments.
  - Improves circulation by activating venous return.
- 30 MIN. CHF 90

## DETOXIFYING BODY SCRUB

- Eliminates dead cells leaving the skin silky and soft.
- 30 MIN. CHF 85 (add to an existing treatment)  
45 MIN. CHF 130 (with application of a moisturizing cream)

## WRAPPING WITH RHASSOUL

- Detoxifies and softens the skin.
- 30 MIN. CHF 60 (add to an existing treatment)  
45 MIN. CHF 90 (with application of a moisturizing cream)



## WRAPPING WITH HYDRATING CREAM

- Moisturizes and nourishes the skin.  
30 MIN. CHF 60

## VALMONT COLLAGEN MASK

- Regenerates the skin, deeply moisturizes, smoothes fine lines and wrinkles and leaves the complexion radiant and glowing.  
20 MIN. CHF 100

## COLLAGEN AND TETRAPEPTIDES MASK

- Hydrates the skin and helps slow down cellular aging.  
20 MIN. CHF 30

## OPI MASK FOR HANDS/FEET

- Deeply nourishes for soft, smooth hands and feet.  
20 MIN. CHF 20 (individually) | CHF 35 (hands + feet)



# B E A U T Y



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*Well-being combined with beauty treatments from head to the tips of your nails.*

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## MANICURE SPA

- Nail cutting, filling and cleaning
    - Hand massage
    - Nail polish
- 60 MIN. CHF 120

## EXPRESS MANICURE (WITHOUT NAIL POLISH)

- Nail cutting, filling and cleaning
    - Hand massage
- 45 MIN. CHF 80

## FILING & NAIL POLISH (ONLY)

30 MIN. CHF 55

## ADD-ON GEL NAIL POLISH MANICURE

CHF 20



## PEDICURE SPA

- Foot bath with exfoliation
  - Nail cutting, filing and cleaning
    - Foot massage
    - Nail polish
- 75 MIN. CHF 135

## EXPRESS PEDICURE (WITHOUT NAIL POLISH)

- Foot bath with exfoliation
  - Nail cutting, filing and cleaning
    - Foot massage
- 45 MIN. CHF 90

## FILING & NAIL POLISH (ONLY)

30 MIN. CHF 55

## ADD-ON GEL NAIL POLISH PEDICURE

CHF 20



## WAXING

Half legs	CHF 60
Whole legs	CHF 90
Armpits	CHF 30
Arms	CHF 45
Back	CHF 90
Classical bikini	CHF 55
Brazilian bikini	CHF 70
Integral bikini	CHF 90
Eyebrows	CHF 25
Lips	CHF 20
Face	CHF 50

## TINTING SERVICES

Eyelashes	CHF 50
Eyebrows	CHF 45
Eyelashes & Eyebrows	CHF 85



# M E N

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*Tailor-made treatments specifically adapted to male skin for a moment of tranquility and total relaxation.*

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## VALMONT TAILORED FACIAL

A true hydration bath, the « Source des Bisses » moisturizes the driest of skin.

The epidermis revives, smoothing the dehydration lines.

- Skin is durably hydrated, plumped and smoothed.
- Lines are smoothed and tiredness erased.

•The 60' treatment includes the application of a regenerating collagen face mask Valmont.

45 MIN. CHF 180

60 MIN. CHF 240

## FACIAL BOOSTER HYDRAFACIAL MD®

- Gentle facial cleansing with glucosamine.
- Gentle glycolic acid peeling.
- Painless extraction of blackheads with salicylic acid.
- In-depth hydration with hyaluronic acid.

30 MIN. CHF 180



## REGENERATING COLLAGEN MASK VALMONT

- Intensely hydrates the skin, real rejuvenating facelift.
- Soothes redness, smoothed wrinkles and deeply relaxes tired features.

30 MIN. CHF 100

*Shaving : We do not recommend shaving before exfoliating or waxing. However, it is recommended to shave two to three hours before a facial treatment.*



## BACK WAXING

45 MIN. CHF 90

## FACE WAXING

15 MIN. CHF 20 (PER ZONE)

## MANICURE FOR MEN

- Nail cutting, filing and cleaning
- Nourishing mask and hand massage

45 MIN. CHF 80

## PEDICURE FOR MEN

- Foot bath with exfoliation
- Nail cutting, filing and cleaning
- Nourishing mask and foot massage

60 MIN. CHF 110

# C H I L D R E N



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*Care card reserved for children from 7 to 12 years old. A range of treatments evocative of dreams and emotions, with gourmet notes from childhood.*

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## « RÊVE D'ANGE » RITUAL

- Honey wrap (30')
  - The mini treatment of your choice : (30')  
(mini massage / mini facial treatment / mini manicure / mini pedicure)
- 60 MIN. CHF 150

## MINI MASSAGE

- Personalized massage adapted to the morphology and needs of children.
- 30 MIN. CHF 100

## MINI FACIAL TREATMENT

- Adapted care : cleansing, mask and massage for a pretty face.
- 30 MIN. CHF 100

## MINI MANICURE OR PEDICURE

- Magic care to nourish and beautify little hands or feet
  - Cutting, filing, massage and nail polish application
- 30 MIN. CHF 100



## DUO « RÊVE D'ANGE »

- Parents & children treatment
- Duo Massage : (30')
- Facial : (30')

Mini facial treatment for children and « Firmness Ritual » Facial for adults.

- 1h access to the swimming pool before the treatment.

120 MIN. CHF 290

## PARENTS & CHILDREN EXPERIENCE

- Tailor-made shared moment of relaxation

*Gourmet surprise included. The presence of an adult is required. All products for children are of natural and organic origin, made with Nougatine brand to guarantee safe care.*

# FITNESS & SWIMMING POOL

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*In the center of Geneva, located in the prestigious Fairmont Grand Hotel, 250m2 of luxurious space is dedicated to sport and wellness : Technogym machines, group classes, private coaching, indoor swimming pool, sauna and hammam.*

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*Technogym at the Fairmont Grand Hotel Geneva has 26 machines with a TGS key system just waiting for you. Personalized and reviewed programs are adapted to your needs to achieve your fitness goals. Here, anything is possible.*

*We are very proud to offer you one of Geneva's largest indoor swimmingpool... You can go for a quiet swim, an aqua bike course, an aqua gym class or simply just a relaxing moment in one of our large hammocks after a treatment, this magnificent indoor pool will bring you complete relaxation.*

*Be privileged... Be part of the club!*

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Discover our subscription program :

### GOLD MEMBERSHIP

- Swimming pool and Fitness
- Access from 6 am to midnight
- Sauna & Steamroom
- Access from 7:30 am to 9:30 pm
- Access to collective classes
- Laundry service (72h)
- 2 hours of parking
- 5% discount on products
- 20% discount on Spa treatments
- Family Massage 60 MIN. CHF 125.- instead of CHF 200.-

For further information regarding the duration and price of Gold memberships, please contact the Spa reception.



## CLASSIC MEMBERSHIP

- Swimming pool and Fitness
- Access from 6 am to midnight
- Sauna & Steamroom
- Access from 7:30 am to 9:30 pm
- Access to 10 group classes with a CHF 450.- complementary plan

For further information regarding the duration and price of Classic memberships, please contact the Spa reception.



## PERSONAL TRAININGS

NUMBER OF SESSIONS	MEMBERS PRICE	NON-MEMBERS PRICE
1 60' SESSION	CHF 120	CHF 150
10 60' SESSIONS	CHF 1000	CHF 1500
20 60' SESSIONS	CHF 1500	CHF 2250

## DAY PASS

*Access to swimming pool, fitness, sauna and hammam from 10 am to 7 pm, from Monday to Sunday.*

AGE	PRICE
+16	CHF 100
9-15	CHF 70
4-8	CHF 35
0-3	FREE



### BOOK AN APPOINTMENT

We recommend that you book treatments and rituals in advance to avoid disappointment. If you're staying at the hotel, dial Spa (or 9444) from your room.

From outside the hotel, dial +41 (0) 22 908 94 44.

### ARRIVAL

To make the most of your experience, please arrive at the Spa 15 minutes before your appointment time to complete our health questionnaire and get changed.

### LATE ARRIVALS

We would like to draw your attention to the fact that late arrivals will result in a reduction in the duration of your scheduled treatments in order to ensure punctuality for the next client.

### RESERVATIONS AND CANCELLATION POLICY

All appointments are booked with guaranteed payment via Safepay. If you wish to reschedule or cancel your appointment, please contact us 24 hours in advance to avoid a 50% cancellation fee.

No-shows will be billed 50% of the scheduled services.

For coaching sessions and treatment series, the session will be fully charged.

# FURTHER INFORMATION



### HEALTH CONSIDERATIONS

When booking, please indicate whether you are pregnant or suffering from hypertension, allergies or any other pathology that could affect the smooth running of your experience. This information should also be written on your health questionnaire upon arrival; it will help us to suggest the most appropriate treatment for you.

### MOBILE PHONES

In order to maintain a calm and relaxing environment and respect the privacy of all guests, please turn off all your mobile devices during your visit.

### PERSONAL AND VALUABLES

We decline any responsibility for any loss, theft or damage caused to your personal belongings during your visit. Please keep them in a closed locker (your shoes too).



### *Age and Dress Requirements*

### TREATMENTS

Facial, massages and body treatments are open to clients aged 16 years (with parental permission) and older. Manicure and pedicure services are open at any age. For your comfort, we provide you bathrobe and slippers. Your therapist will also provide you with disposable underwear before the treatment begins. All our therapists are qualified professionals, which guarantees you maximum service quality and integrity. However, our massages are non-therapeutic and are not like any medical or paramedical practice.

### GYM AND RELAXATION AREA

A minimum age of 14 is required for access to the gym, sauna and hammam. Children under 16 years of age must be accompanied by an adult. The use of shoes and a fitness suit for exercise are mandatory in our gym.

### SWIMMING POOL

Our swimming pool is not supervised by a lifeguard, swimming is entirely your responsibility. Children of all ages are welcome from 10:00 to 18:00. However, we ask children under the age of 16 to be accompanied by an adult. After 18:00 the pool is reserved only for guests over 16 years of age. For hygiene reasons, we ask all our guests to take a shower before entering the pool. Please note that our relaxation area (swimming pool-hammam-sauna) is a mixed area.





## OPENING HOURS

### TREATMENTS

10:00-20:00

### SWIMMING POOL AND FITNESS

06:00-00:00 (for fitness members and hotel guests)

10:00-19:00 (for outside guests)

Please note that the opening hours may change and preferably refer to the official site

[www.spageneva.ch](http://www.spageneva.ch)

### SAUNA AND HAMMAM

07:30-21:30 (for fitness members and hotel guests)

10:00-19:00 (for outside guests)

### TO CONTACT US

Dial Spa (or 9444) directly from your room

Phone number: +41 22 908 94 44

Whatsapp: +41 79 701 61 10

To send us a message, click [HERE](#).

Instagram: [@spavalmontgeneva](https://www.instagram.com/spavalmontgeneva)

[www.spageneva.ch](http://www.spageneva.ch)

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