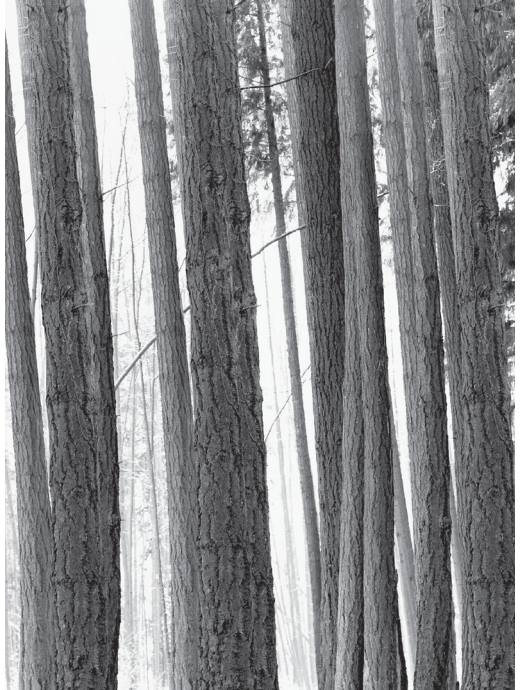




WILLOW STREAM
A FAIRMONT SPA

Spa Menu

FAIRMONT AMMAN



Willow Stream Spa, Fairmont Amman, Jordan

Willow Stream Spa at Fairmont Amman embodies an environment that captures the essence of old world charm within opulent surroundings, reflecting the mystery of healing powers with an allure of rich history.

Offering an array of lifestyle choices and encompassing total well-being, Willow Stream offers the most luxurious spa experience in the capital city. An exclusive facility focused on fitness and movement, our motivating staff from top beauty to aesthetics experts provide the most innovative ways to help you find your energy.

Our treatment menu includes an advanced selection of facials from spa experts, including Janssen Cosmeceutical, combined with the authentic healing benefits of body treatments using locally inspired Dead Sea products by Rivage. As facial specialists, we focus on result oriented, anti-aging exclusive treatments. Our enchanting treatments will lead you down a sensory journey that brings overall balance and a sense of calm to your memorable experience.

This unique 2,200 square-meter urban retreat provides six tranquil spa rooms, including a couples' VIP suite and calming relaxation lounge, exclusive co-ed vitality pools, Turkish Hammam, Dead Sea pool, inhalation steam rooms, and healing saunas.

About Willow Stream Spa

Willow Stream Spas are acclaimed around the world for their focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Each of our spas is designed to reflect the beauty and ambience of its location and that of the hotel in which it is located, so no two are alike. But all of our spas have this in common: they deliver an outstanding experience. Simply being here – away from the chaos of everyday life – relaxes our guests and starts them on their energy journey.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with friends. Social spaces by the pool, relaxation lounges, steam rooms and fitness areas – are all designed to stir your passion for living with abundant energy.



Our name: Willow Stream



We believe these two words reflect our philosophy and our connection to nature's elements.

Willow: The willow represents our deep-rooted authenticity, strong center and flexible spirit.

Stream: The stream represents our energizing journey through life – bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our logo: Our logo is composed of ancient symbols for the world's essential elements: earth, air, fire and water. The willow – wood – is the fifth element. Balancing these elements puts us in sync with nature's equilibrium.

Willow Stream Spa Product Philosophy

Willow Stream Spas emphasis on many aspects when choosing spa products for each spa around the world. With luxury in mind, each brand selected demands quality and result-driven treatments that are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

Janssen Cosmetics - We beautify the world

Stands for passionate innovative active ingredient combinations of the highest quality. As one of the pioneers of the market of cosmeceuticals, Janssen Cosmetics, a pioneer in the market of cosmeceutical, developed for the first time care system that allows the transition between pure beauty care and scientifically based skin care. To offering you a noticeable and visible PLUS with the most effective active formulas, highly professional advice and individual treatment systems – system care for beauty.

Rivage Dead Sea Products

Our story begins where water meets the earth at its lowest point. Dead Sea salt and minerals are said to have healing properties, which Rivage utilizes to enhance its skin care products. When you gently cleanse your skin with Dead Sea mud and heal impurities with minerals and salts, you give the gift of relaxation to your body, mind and soul.



Willow Stream Spa Facilities

We know that exercise is a vital component of daily life, especially for travelers on the go, who appreciate the desire for high-quality, well-equipped fitness facilities. Life Fitness® offers spacious customized wellness areas as well as fitness facilities to meet all your needs. Catering to your own fitness level, ability, or age, our dedicated wellness professionals are here to assist you in achieving your personal health and fitness goals, supporting you every step of the way.

Fairmont Amman is the perfect environment to restore your energy offering the following facilities and services:

- Personal training
- Group and private classes
- Wet areas, including a healing sauna and an inhalation steam room
- Turkish Hammam
- Dead Sea mud room
- Relaxation lounge
- Vitality pools
- Dead Sea pool
- Ice fountains
- Locker area
- Outdoor swimming pool and jacuzzi (seasonal)
- Ladies' and Gentlemen's salons
- Fitness on demand





Hydrotherapy and Salt Experiences

Willow Stream Spa Amman offers a unique selection of wellness facilities inspired by the healing benefits of the Dead Sea to create a retreat for restoration.

Sauna Wellness

Maintaining a temperature between 85-90°C, the sauna's dry heat soothes and warms the muscles, relieving tension from your body and minimizing joint pain. This is especially beneficial for those who suffer from illnesses such as arthritis, painful migraines, and headaches.

Dead Sea Pool

Inspired by the healing powers of the Dead Sea, the pool's mineral-rich water is recommended for healing several skin conditions. Its regular use contributes to better breathing and improved circulation as it draws toxins from the body; it is also known to help relieve muscle and joint pain.

Vitality Pools

Maintained at 38°C, these luxurious bespoke pools are equipped with air and water jet features, such as a hydro backbench, air tubs, and body massage. Vitality pools help increase circulation and alleviate joint pain.

Hammam Scrub

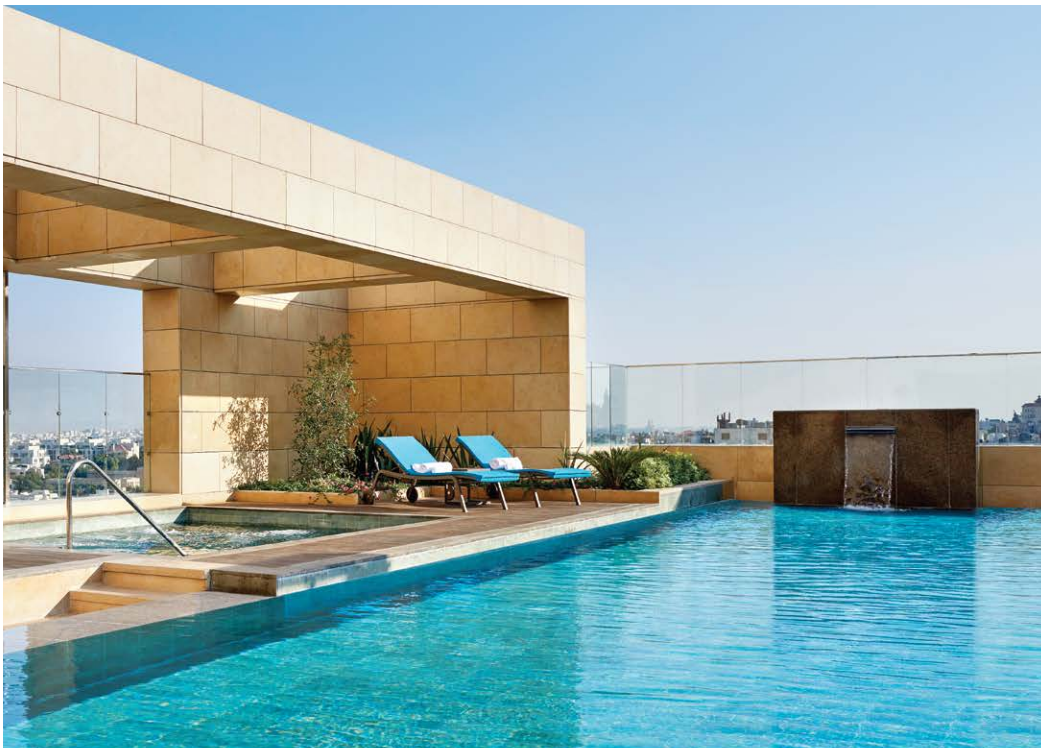
Our heated Turkish Hammam is the perfect retreat for this cleansing ritual.

Inhalation Steam Room Wellness

Maintaining a temperature between 42-45°C, this humid, aromatic heat experience is highly beneficial for those who suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before or after a massage treatment to increase circulation.

Ice Fountains

Ice Fountain temperatures range from 4°C to 15°C. After exposure to a hot environment, crushed ice can be applied to limbs gently to selectively cool the body, speed up the cooling process, and dilate the blood vessels to decrease blood pressure.



Willow Stream Memberships

Willow Stream Memberships encompass a selection of elite and lifestyle choices for Fairmont guests to suit the needs of their everyday living. These memberships invite you to be a member of Fairmont Amman and focus on all elements of well-being including state-of-the-art fitness facilities with the latest equipment, a nurturing spa environment to escape and pamper yourself and a selection of food and beverage outlets to suit all your needs.

At Fairmont, we understand the importance of exercise in our daily lives. Our fitness center was built to ensure our guests have a comfortable space to use the best fitness equipment. Our dedicated personal trainers are available to assist with all your fitness goals, catering to your fitness level, ability and age.

As a valued member, you will enjoy the following benefits based on your membership type:

- Introductory personal trainer session
- Use of facilities including fitness center and wet area*
- Privileged pricing on our lifestyle offers including spa and restaurants
- Access to the outdoor pool (seasonal)
- Complimentary SPA treatments*
- Complimentary day passes for guests*

For more details regarding our Willow Stream Memberships, please contact Willow Stream on + 962 6 510 6200.

*Fairmont Amman Terms and Conditions Applies.

Willow Stream Signature Expressions

The History of the Dead Sea From the heart of the African Great Rift emerges the Dead Sea, the lowest point on earth at 400 meters (1,300 feet) below sea level. Since the time of Cleopatra and King Herod, the ancient world sensed that there was something unique about the Dead Sea, recognized for its healing benefits as well as the air of mystery surrounding the area. Its unparalleled abilities to promote relaxation, activate the circulatory system, provide anti-aging support and heal the skin are among the countless reasons why the Dead Sea attracts so many travelers seeking holistic healing.

An endangered natural treasure, the Dead Sea's water level is dropping at an alarming rate of around a meter (3 feet) a year. Nevertheless, the mystique of the Dead Sea prevails due in part to its unique chemistry, climate and composition.

The Sea is home to 26 minerals, with a salt concentration of approximately 10 times higher than any other body of water. The mud produced on the banks of the Dead Sea from the layers of soil and the silt from the waters of the Jordan River and surrounding springs, has a strong cleansing capacity, making it ideal for relieving symptoms of chronic inflammation, psoriasis and eczema. Experience the benefits of this ethereal natural sanctuary for yourself.

Willow Stream Signature Expressions bring together the key elements of face and body as one. We place a careful emphasis on our guests' feeling locally connected while encouraging relaxation to restore their personal energies, resulting in feeling revived.

Floating in the Dead Sea – 120 minutes

This unique treatment is carefully designed to give you the ultimate Dead Sea signature treatment. Begin by exfoliating the skin with the Dead Sea salt mineral body scrub. Cocoon yourself in a heated Dead Sea mud wrap and immerse yourself in our flotation bed, which gives the impression of floating in the Dead Sea. Complete this treatment with a full body massage using an aromatherapy essential oil blend that gently soothes your mind, body and soul.



Luxury Anti – Aging Facials

High Tech Ultrasound Anti-Aging Specialist Facial

Diamond Dermabrasion and Ultrasound, a synergy of deep exfoliation treatments for an immediate lifting, balancing and rejuvenating effect. Our diamond etched mechanical micro- peeling and exfoliation system penetrates deep into the layers of the skin, reducing fine lines. The skin is left smooth with a dramatic effect on hyper-pigmentation. It is extremely effective in improving and stimulating natural production of collagen and elastin with an effective firming result.

Global Anti-Aging Platinum treatment - 90 minutes

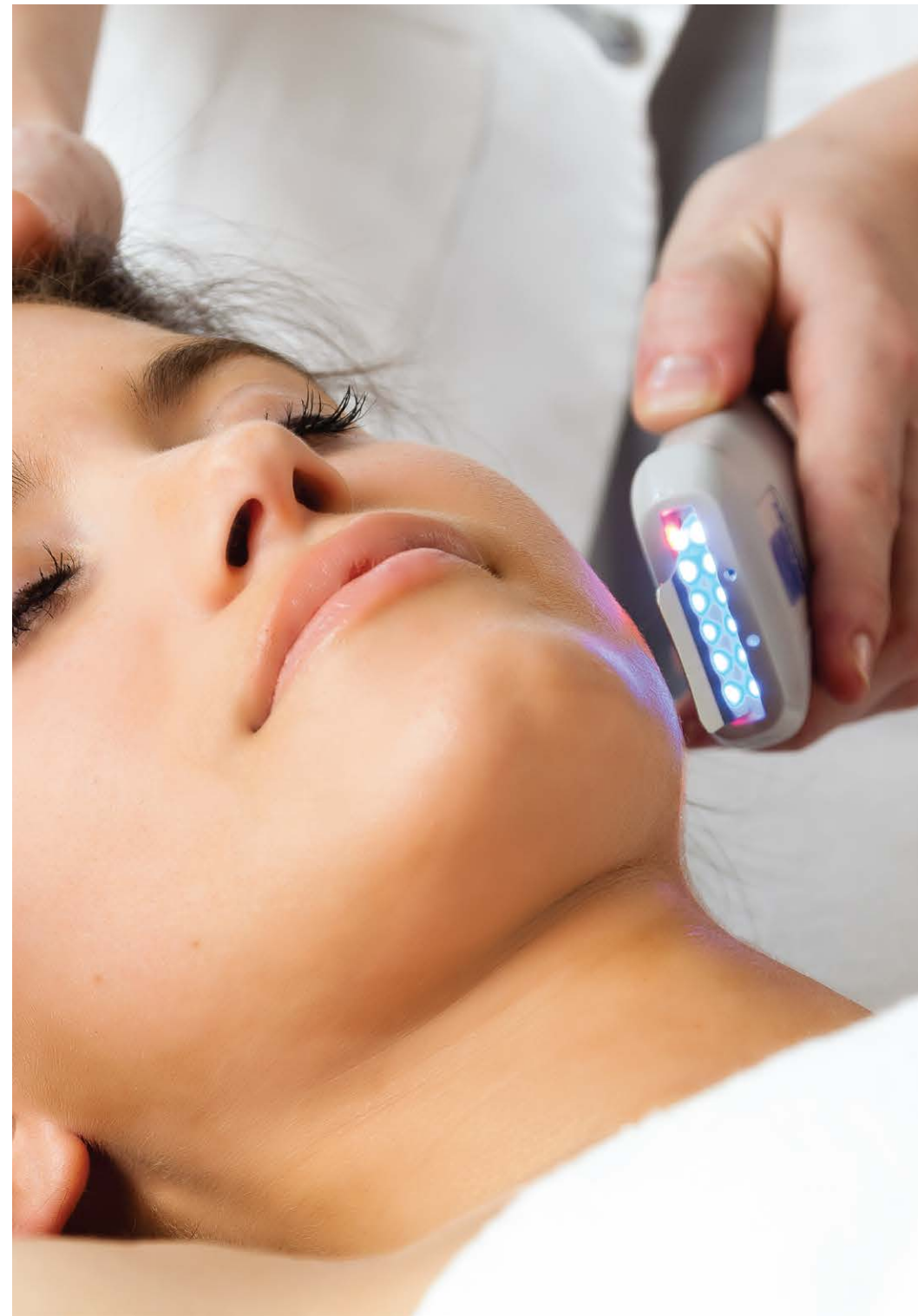
Platinum Care where luxury meets perfection, one of the rarest and most precious raw materials on the planet, represents extraordinary luxury and pure elegance. This precious material has been combined with other anti-aging substances in the new exclusive Platinum Care range.

The unique complex is made up of three components: a very finely dispersed colloidal platinum, the high – tech peptide Matrixyl Synthe 6 and Persian silk tree extracts. It smooths and mattifies the skin's surface, and immediately improves the way the skin feels. The skin appears refreshed and relaxed. Wrinkles are filled in from within and the skin's substance is continuously strengthened over a long period. At the same time, a multi-action extract taken from the Persian silk tree reduces visible signs of fatigue such as rings around the eyes, swellings and other facial tiredness traits - and replaces them with a wonderfully youthful radiance. PLATINUM CARE is pure luxury for the skin and heralds a new era of anti- aging.

Caviar Luxury Treatment - 90 minutes

Pure luxury with precious caviar extracts. The purest of active ingredients along with the most delicate texture intensely pamper skin. Enriched with caviar extract and effective anti-aging active ingredients, this treatment offers luxury you can feel and skin care of the highest caliber.

The new revitalizing Caviar Mask is a must-have for supremely refreshed skin, the special innovative shaker formula invigorates and improves radiance. Enjoy being pampered with the Caviar Massage Cream leaving the skin feeling relaxed and silky smooth. The moisturizing anti- aging serum, Caviar Pearl Elixir reduces the appearance of dryness lines immediately leaving the skin protected, supple and with a youthful glow.



Golden Glow Treatment – 90 minutes

Bamboo is used to cleanse and exfoliate, followed by a firming massage using Glamorous treatment with pure gold for skin as soft as silk and velvet. Be enchanted by our luxurious Golden Glow Treatment and enjoy exclusive lavish moments with a tingling scent of champagne, luxurious pearl powder and pure gold in the treatment room. Three beauty highlights specially designed for this luxury treatment make Golden Glow an unforgettable experience for the skin and the senses. The Golden Glow Peel-off Mask contains 100% natural pearl powder and pure gold, which tightens the skin, gives you a silky soft skin feeling and leaves you with a youthful shimmering glow. The new Golden Glow Massage Gel with its tingling scent of champagne provides the highest degree of relaxation. The delicate texture provides valuable moisture and helps reduce fine lines and wrinkles. The Golden Glow Serum is the glamorous finishing touch to this luxury treatment. The firming, moisturizing gold pearls leave skin feeling noticeably smoother with a distinctive glow.

Advanced Facial

Demanding Brightening Facial – 75 minutes

Youthful freshness and vitalization for demanding skin. Demanding skin protects against premature skin aging and ensures that demanding skin remains looking youthful and fresh. Active substances penetrate deep into the skin, replenishing its moisture deposits and stabilizing its protective function. Premature skin aging is noticeably combated.



Classic Facials

Ocean Treasure Facial – 60 minutes

This kind of facial includes natural gelling agents derived from red algae, contains minerals and trace elements, promotes the radiance of the skin, moisturizes and keeps the skin soft and supple, is gentle and effectively rids the skin of dead skin cells.

Detoxifying Facial – 60 minutes

Detox - trend for everyone. Due to loss of elasticity, lines, wrinkles and hyperpigmentation consequently appear on the skin. The skin becomes dry, sensitive and the aging process starts earlier. This is where the new Detox treatment starts to effect. Our body is exposed to a variety of internal and external stressors and stimulations, especially our largest organ - the skin, which is affected by our intense lifestyle. The repair and detox functions of the skin are drastically impaired.

Soothing Facial – 60 minutes

This treatment will strengthen and stabilize the skin barrier, reducing inflammation and soothing the skin. Care system for sensitive skin, atopic and couperose skin. A successful line for sensitive skin.

Why a relaunch?

Modernization of the sensitive skin line by considering the latest scientific discoveries this treatment will strengthen and stabilize the skin barrier, reduce inflammation and soothe the skin.

Body Treatments

Turkish Hammam – 60 min

A Turkish Hammam is a steam bath that relaxes and tones the body, getting rid of impurities in the skin and making it supple. The steam bath is one of the best therapies for fighting the stress and tension we suffer every day. It is also a pleasant way to improve your looks and physical condition.

Pure Harmony, White Tea Treatment – 120 minutes

Inner balance for body and soul, White Tea has been valued in China and Japan as one of the world's most valuable healing plants for almost 5,000 years.

White Tea is not as well-known as green tea. White tea extracts contain a particularly high level of polyphenols (3 times higher than in green tea), making them especially effective against premature skin aging. The Pure Harmony Treatment delivers a mini break for your body: a new vitality is awakened; body and spirit can recharge their batteries for the challenges of the day ahead.

Luxury Reviving, Red Grapes Treatment – 120 minutes

The anti-aging power of Red Grapes. Revitalizing and rejuvenating effects, a red grape treatment is a wonderful, tried and tested anti-aging treatment that leaves you looking and feeling great. The tannins and anthocyanins contained in the leaves, tone the skin and strengthen capillaries. After a Reviving Red Grape Treatment, your skin looks visibly firmer and stronger.

Facial Add-ons

Reveal Skin Analysis

A true facial assessment using the state of Reveal Analysis Machine. Using the Reveal complexion analysis system, your expert spa therapist will provide a personalized skin analysis detailing your unique skin profile. Areas of focus include wrinkles, UV spots, brown spots and skin texture not visible to the naked eye, personalized report will outline the recommended treatment program to address the areas of concern.

Face Mask

Add to any 60 minute body treatments.

Collagen Eye Patch

Pure native collagen. It is ideal for specific treatment of the eye area.

Body Massages

Willow Stream Amman Signature Massage – 90 minutes

In Asia, bamboo is known as a symbol of longevity and prosperity. East-meets West massage treatment is designated to evoke your senses, this massage combines the energy of the bamboo with Western techniques to revitalize and release built up tensions and discomfort from your body. Essential peppermint oil is applied to the body in long gentle strokes using heated bamboo massage sticks, soothing the muscles while nourishing and moisturizing the skin for a uniquely relaxing experience. Indulge in the essence of legendary oriental healing.

Traditional Thai Massage – 90 minutes

This centuries-old therapy, known as passive yoga, is the perfect answer for anyone searching for optimal health, the release of tension and the restoration of vitality.

Tension Release Massage with Warm Volcanic Stones – 75 minutes

Derived from traditional Swedish massage techniques to renew, strengthen and heal the body, this full-body massage applies stretching and long strokes, along with palm and thumb pressure techniques to relieve tension, improve circulation and create a feeling of well-being. Using nourishing essential oils and warm volcanic stones to relieve tired aching muscles, the treatment activates various energy points, allowing you to unwind into a restful state of mind.

Fairmont Fit Deep Muscle Massage – 60 minutes / 90 minutes

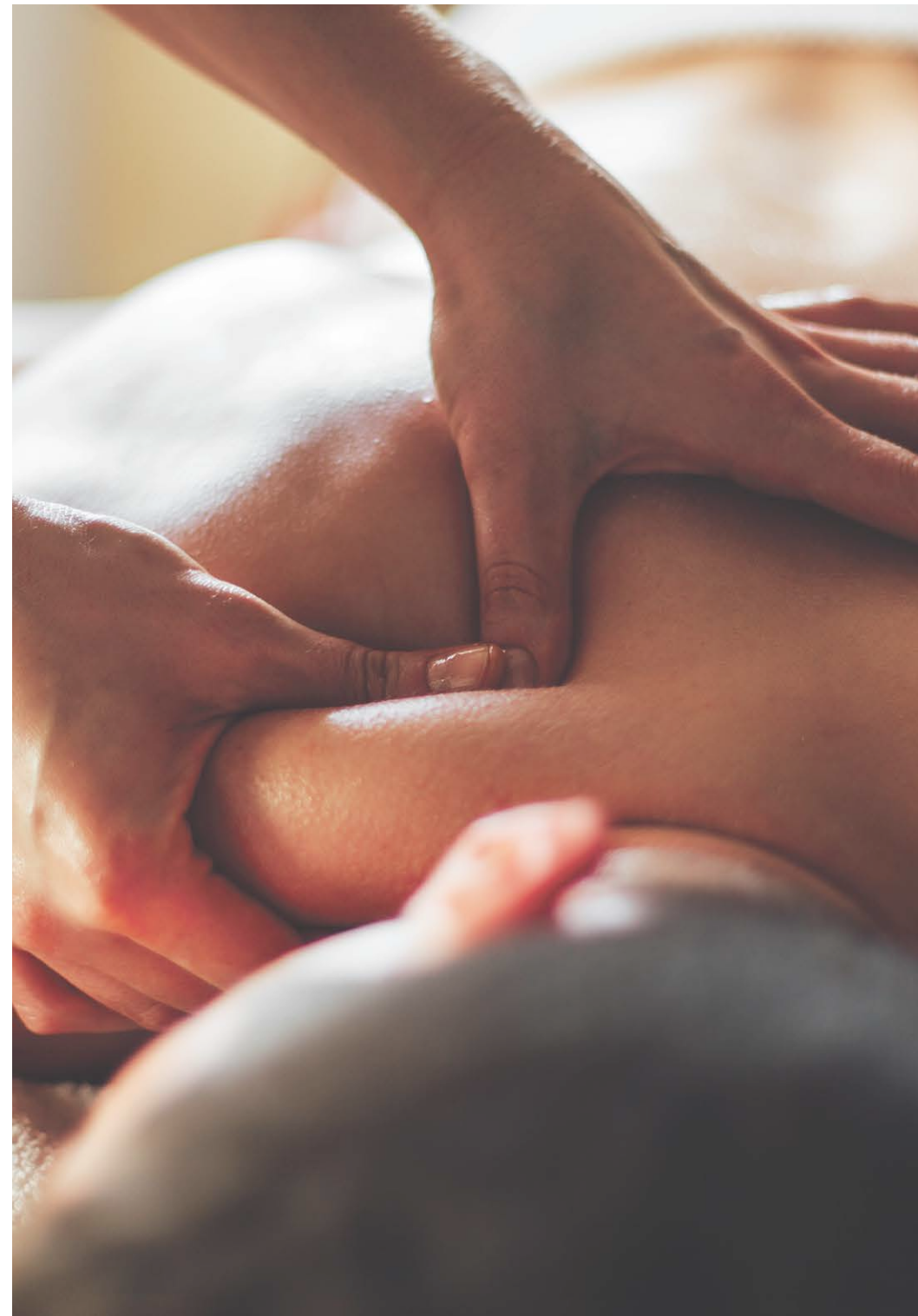
Alleviate deep-seated tension and muscular stress with this powerful massage. Specialized techniques increase circulation to the muscle, helping re-align deeper layers of muscle, release chronic patterns of tension and alleviate common areas of discomfort such as a stiff neck, painful lower back and sore, tight shoulders.

Classical Swedish Massage – 60 minutes / 90 minutes

A luxurious aromatic massage using manual therapy that emphasizes long strokes, kneading and friction motions to encourage proper circulation. The technique involves rubbing muscles together in the same direction as the flow of blood to the heart. It improves circulation, relieves muscle tension, stretches tight ligaments and reduces emotional stress.

Absolute Relaxation Massage 60 minutes / 90 minutes

It is a smooth, gentle, flowing style that promotes general relaxation, relieves muscular tension, and improves circulation and movement range. Your therapist will aim to relax, revive and rejuvenate you at a massage depth that does not cause discomfort.



VIP Couple Suite Spa

Customise your couple experiences by choosing a selection of treatments from the menu to suit your needs of the day. Whether it is a gathering with friends or you want to impress that certain someone we can cater to all your needs. The VIP suite is an exclusive private environment which includes private Jacuzzi and massage tables with enough space to relax for hours. You can also upgrade your experience with the following upgrades:

- Flowers and Candlelight
- Balloons for celebrations
- Lunch or snacks selection from our dining menu
- Alcoholic or non-alcoholic beverages
- Bath tub

Couple's retreats - Spa by Design

Make memories that you'll treasure together for years to come.

Couple Bliss – 90 minutes

Share romantic relaxation for a deeper physical and emotional connection, creating a beautiful union of mind, body and spirit with a side-by-side indulgence of 60 minute relaxing massage using an aromatic oil combined with a 30 minute Concentrate Express Facial to suit your skin care need.

Romantic Couple's getaway – 120 minutes

Escape at Willow Stream Spa's Couple VIP Suite Spa and immerse yourself with your loved one in aromatic Dead Sea salt soak in our couple's bath with romantic touches. Side-by-side body scrubs are applied followed by a delight full body light-to-medium pressure aromatherapy massage using an oil of your choice. This is the perfect romantic spa getaway to connect with your loved one.

Rejuvenating Retreat – 150 minutes

Get in the zone with your significant other by luxuriating with our Retreat package you will both emerge rejuvenated and re-energized. Tension Release Massage with Warm Volcanic Stone, Detoxifying Facial and Head and Scalp Massage with warm Jojoba oil will restore your energy.

Spa Essentials Packages

Our experienced coordinators will be pleased to recommend any two-, three- or five-hour spa packages suited to your specific needs. These can include anything from the menu above.

Additional Time

To upgrade any of our present treatments with additional time and services, the below mini-treatments will suit your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30-minute mini-treatments including:

- Head and scalp massage
- Body scrub
- Bath therapy
- Concentrate express facial
- Head, neck and shoulder massage
 - Relaxation massage and foot scrub
 - Foot reflexology massage



Spa Etiquette

Spa Environment

Willow Stream Spa is a place to restore your energy and relax. For your peace and privacy, phones and other electronic devices are not permitted. If you would like to receive messages during your time with us, please let one of our colleagues know and we would be happy to assist.

Spa Arrival and Etiquette

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction in your treatment experience. Please come and spend the day with us. To make any changes to your booking, please contact the Spa at + 962 6 510 6200.

Personal Matters

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival so we can customize your experience to your needs.

Spa Attire

You will receive a bathrobe and slippers to wear between treatments, as well as a locker for your personal belongings. For your comfort, undergarments must be worn during treatments. We ask you to leave jewelry and valuables in your guest room.

Gift Vouchers

Gift vouchers for all of our treatments and packages are available for purchase. Please contact our Spa experience coordinators for further information.

Making Spa Appointments

Consult with our Spa Experience Coordinators to select treatments to fulfill your personal requirements. The Spa is located on the 3rd floor at Fairmont Amman. Reservations in advance are recommended to ensure availability. Telephone: + 962 6 510 6200 | Email: amman.willowstream@fairmont.com

Spa Cancellation Policy

If you wish to reschedule or cancel any spa appointments, please notify the Spa 4 hours in advance. Cancellation or rescheduling of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

Tax and Service Charges

For your convenience, 8% sales tax and 5% service charge are included in the treatment price.

Hours of Operation

Spa Treatments: 10:00am – 10:00pm daily | Fitness Centre 6:00am – 10:00pm daily

Fairmont
AMMAN

6 Beirut Street - Amman Jordan

To book your next spa experience T: 6200 510 6 962+
Email: amman.willowstream@fairmont.com