



Breakfast Sandwiches



\$14

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<u>Breakfast Items Available Daily</u> 7am - Ilam

BREAKFAST COMBO

Any 12oz Hot Beverage Parfait or Yoghurt Breakfast Pastry \$14.00

DUCHESS BREAKFAST

\$13 Breakfast Burrito Scrambled Egg, Guacamole, Bell Peppers, Cheese, Potatoes Green Start Burrito (V) \$15 Impossible Hash, Guacamole, Black Beans, Cilantro, Bell Peppers, Potatoes, Tomatillo Sauce \$14 Everyday Brunch Johnny Bread Herb Sausage, Avocado, Mushroom, Egg, Provolone, Chili Mayo Egg & Bacon Bagel \$12 Egg, Bacon, Cheddar Cheese \$13 Egg & Sausage Bagel Egg, Herb Sausage Patty, Cheddar Cheese

Smoked Atlantic Salmon, Cream Cheese, Scallions, Capers, Red Onion

(V) Vegetarian (GF) Gluten Free (VG) Vegan (N) Nuts

Lox & Cream Cheese Bagel

Ham & Cheese Croissant

Smoked Ham, Cheddar Cheese







GELATO

I scoop 2 scoops

Coffee Caramel \$3.00 \$5.00

Chocolate

Salted Caramel

Vanilla

Strawberry

Mint Chocolate

ADD ONS

\$0.50 each

- Oreo Cookie - Sprinkles - Brownie Bites - Hazelnuts (N) - Pecans (N) -Whipped Cream - Chocolate Sauce - Strawberry Coulis

- Waffle Cones

SPECIALTY SHAKES

The Princess Vanilla Ice Cream, Strawberry Coulis,	\$16
Funfetti Cake, Whipped Cream	
The Knight	\$16
Chocolate Ice Cream, Chocolate Sauce, Fudge	
Brownie, Whipped Cream	
After Eight Shake	\$16
Mint Chocolate Ice Cream, Chocolate Sauce,	
Whipped Cream, Chocolate Cake, Macaron	
The Duke (N)	\$16
Salted Caramel Ice Cream, Peanuts,	410
Chocolate Sauce, Whipped Cream	

SMOOTHIES & SHAKES

Banana Protein Shake Banana, Chia Seeds, Oats, Cocoa Powder, Soy Milk, Pea Protein	\$12
The Exhale Kale, Cucumber, Pineapple, Greek Yogurt, Lemon Juice	\$14
The Duchess Smoothie Pineapple, Strawberry, Coconut Yogurt, Lemon Juice	\$14
The Immunizer Carrot Juice, Mango, Orange, Ginger, Tumeric	\$12
Peanut Butter Protein (N) Banana, Peanut Butter, Granola, Pistacho, Whey Protein Mix, Almond Milk	\$12

ADD ONS

+\$3 each

Whey Protein or Pea Protein

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HOT COFFEES HOT TEAS 1602 1602 1202 \$4.50 Flat White \$3.50 English Breakfast \$3.00 \$3.00 Ristretto Creamy EArl Grey Macchiato \$4.50 Chamomile Cappuccino \$5.00 \$6.50 Jasmine Gold Regular Coffee \$3.75 \$4.70 Japanese Green Espresso \$3.00 Oregon Mint \$4.00 Double Espresso Revitalize \$4.00 \$4.50 \$5.00 Latte \$6.50 Hush \$4.00 \$4.50 Chai Tea Latte \$6.00 \$6.90 Skin & Beauty \$4.00 \$4.50 Mochaccino \$6.00 \$7.00 London Fog \$3.00 \$3.50 Hot Chocolate \$6.00 \$7.00 Matcha Tea \$5.50 COLD BEVERAGES ADD ONS 2402 160z Flavours \$1.20 Iced Tea \$5.10 \$6.30 Espresso Shot \$1.50 \$5.90 \$6.90 Latte Whipped Cream \$1.20 Mocha \$7.00 \$8.00 Almond Milk \$0.80 Chai \$6.90 \$7.70 Soy Milk \$0.80 Frappuccino \$6.90 \$7.10 Oat Milk \$1.00 Cold Brew \$5.30 \$6.70

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Nitro Coffee

\$5.50

\$6.20

Matcha

\$3.00







DUCHESS SALADS

Broccoli Pasta Salad (V) \$16 Penne Pasta, Spicy Roasted Broccoli, Spinach, Bell Peppers, Onion, Sweet Corn, Roasted Mushrooms, Italian Dressing Thai Prawn Salad (N) \$18 Marinated Prawns, Glass Noodles, Scallions, Bell Peppers, Carrot, Bean Sprouts, Green Beans, Corriander, Nuoc Cham Dressing, Roasted Peanuts, Lime Salmon Kale Caesar Salad \$18 Roasted Atlantic Salmon, Kale, Romaine Lettuce, Garlic Croutons, Parmesan Cheese, Creamy Caesar Dressing Crispy Chicken Ranch Salad \$18 Crispy Fried Chicken Breast, Pepper Jack Cheese, Sweet Corn, Cherry Tomatoes, Pickled Red Onion, Carrot, Romaine Lettuce, Ranch Dressing \$16 Chopped Greek Salad (V)

Marinated Feta, Cucumber, Cherry

Iceberg Lettuce, Oregano Lemon

Dressing, Crispy Pita Bread

Tomatoes, Red Onion, Olives, Chickpeas,

Lunch Items Available Daily 11am - Spm

Duchess sushi

Salmon Roll \$20 Atlantic Salmon, Green Onion, Mayo, Togarashi, Tobiko \$20 Spicy Tuna Roll Yellow Fin Tuna, Green Onion, Togarashi, Spicy Mayo, Tobiko \$20 Philadelphia Roll Smoked Atlantic Salmon, Cream Cheese, Cucumber \$18 Tofu Mango Roll Fried Marinated Tofu, Mango, Avocado,

PERFECT PAIRING

Sesame Seeds

Ask our team about this month's Perfect Pairing and Featured Cake

DUCHESS SANDWICHES

Lunch Sandwiches

Korean BBQ Chicken Wrap BBQ Chicken, Bell Peppers, Cabbage & Slaw, Korean Chili Mayo	\$16
Pork Zinger Wrap Tamarind Spiced Pork Mince, Pickled Ginger, Spinach, Bean Sprouts, Carrot, Cabbage, Spicy M	\$16 1ayo
Chicken Caesar Wrap Roast Chicken, Romaine Lettuce, Parmesan Cheese, Caesar Dressing	\$14
Creamy Egg Salad Sandwhich Egg Mayo Salad, Scallions, Mustard, Watercress	\$12
Tuna Melt Tuna, Celery, Red Onion, Capers, Cornichon, Lemon Mayo, Tomato, Cheddar Cheese	\$13
Ham & Cheese Toastie Smoked Ham, Gruyere Cheeese, Provolone, Dijon Mustard, Sourdough Bread	\$14
Falafel Wrap (V) Falafel. Beetroot Hummus. Icebero Lettuce.	\$15

Tomato, Dill Pickle, Garlic Sauce, Chili Sauce

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