



The Willow Stream Spa at Fairmont Dubai is a unique destination created to inspire, nourish, and guide guests on a journey to find their personal energy in a location that reflects their cultural and environmental surroundings. By combining proven methodology for relaxation and rejuvenation, all Willow Stream experiences are designed to soothe, pamper, de-stress and invigorate the mind and body.

The spa covers over 40,000 square feet and offers two distinct experiences. One being the dedicated spa facility which has a luxurious Romanesque feel throughout, with separate male and female sections, which both feature an opulent Jacuzzi area with Turkish Hammam inspired steam rooms, invigorating ice shower, two relaxing footbaths and a total of eight private treatment and relaxation rooms. The second location offers state of the art health club facilities.

- Two outdoor terrace pools - a sunrise pool with a Jacuzzi and a sunset pool with children's pool area
- The health club features Technogym EXCITE 700E range of machines and free weights, including an elliptical trainer, stair climbers, stationary bikes and treadmills
- Personal trainers
- Body shaping aerobics classes
- Separate male and female treatment rooms
- Spa locker rooms



Willow Stream Signature Treatments

The therapists at Willow Stream Spa have created a range of signature treatments specially designed to offer unique experiences. All treatments indicated by an asterisk (*) have been created in association with Aromatherapy Associates and Phytomer.

BODY EXPERIENCES

Willow Stream Signature Travellers Massage *

90 minutes 550 Dhs

The signature treatment begins with a body exfoliation, complemented by an intense circulation massage using a combination of pink grapefruit and rosemary essential oils. Enjoy an Ayurvedic scalp massage to stimulate the brain, while allowing the cooling layers of ice sheets that are wrapped around the legs to soothe the body.

Willow Stream Deep Muscle Massage *

90 minutes 550 Dhs

After the stress and strain of a long day, allow the warmth of ginger and black pepper essential oils to relieve tension in an extensive deep tissue massage treatment. A warm mud mask covers the back to encourage relaxation and a combination of feet and scalp massages complete the experience.

Elements in Harmony *

90 minutes 490 Dhs

This treatment is based on the Willow Stream experience that draws from the restorative powers of fire, earth, air and water. A self-heating mud technique is applied to cleanse the body, which is followed by a therapeutic body and scalp massage.

Essence of Moroccan Rose *

60 minutes 420 Dhs

Using three different rose extracts to nourish the skin, the body is gently massaged using a luxurious blend of oils followed by a mini facial.

Clear and Cleanse

60 minutes 390 Dhs

This upper body treatment combines pressure point massage techniques and select aromatic ingredients, including eucalyptus, tea tree and pine essential oils to encourage deep breathing and to strengthen the immune system. This experience culminates with an ayurvedic scalp massage to soothe the mind and to ease tensions in the body.



Gentle Aromatic Body Polish *

60 minutes 390 Dhs

A gentle exfoliation treatment combined with selected ingredients, including ground olive pits and shower gel are applied to deeply cleanse the skin. The treatment culminates with an application of aromatic cream, leaving the skin nourished and glowing.

Time Zone Rejuvenator *

60 minutes 370 Dhs

Experience an invigorating circulation massage using a blend of pink grapefruit and rosemary essential oils to boost your energy levels after a long journey.

Salt of the Sea Scrub

60 minutes 280 Dhs

This invigorating sea salt exfoliation removes dull surface skin cells, improves circulation and refreshes the skin with minerals and trace elements. An application of hydrating body milk leaves the skin ultimately refreshed.

BODY WRAPS

Body Detox

60 minutes 350 Dhs

This treatment begins with skin brushing to improve lymphatic and blood circulation, followed by a warm seaweed mixture body wrap and heated blanket.

Firming Body Wrap

60 minutes 350 Dhs

Experience a relaxing and rejuvenating treatment designed to firm the skin. A cool body wrap is applied using seaweed and marine spring water to result in firmer, healthier and younger looking skin. A heat pack composed of a natural self-heating sea mud mixture is applied to enhance relaxation.

Revitalising Body Wrap

60 minutes 350 Dhs

Ideal for instant revitalisation, this balancing treatment revives and restores drained cells. The use of Oligomer, composed of seawater minerals, combats stress and tension leaving your body and mind refreshed and re-energised.

Contouring Body Wrap

60 minutes 350 Dhs

The Phytomer body wrap reduces localised excess weight resulting in a more defined silhouette. Contouring emulsion is applied during an invigorating massage, using anti-cellulite and slimming techniques to help break down fat cells, leaving the skin smooth and perfectly contoured.

For optimum results, it is recommended to experience a series of ten treatment sessions, once or twice per week and to follow a healthy regime of regular exercise and a balanced diet.

Anti-Cellulite Body Wrap

60 minutes 350 Dhs

Cooling gel and self-heating mud is applied to stimulate the removal of toxins that lead to cellulite. This gel also improves the quality and texture of your skin, leaving it soft and shiny.

For optimum results, it is recommended to experience a series of ten treatment sessions, once or twice per week and to follow a healthy regime of regular exercise and a balanced diet.

FACIAL EXPERIENCES

Customised Prestige Facial

90 minutes 450 Dhs

The treatment begins with a relaxing back massage followed by the application of a natural self-heating marine mud to encourage deep detoxification and relaxation of stressed areas. The face is then cleansed, double exfoliated and massaged, prior to the application of facial masks, serums and creams.

Customised Essential Facial Experience

60 minutes 390 Dhs

Designed to deeply cleanse the skin and relax the body, natural self-heating marine mud is applied down the spine to eliminate all traces of tension and stress, followed by a deep cleansing and exfoliation of the face, including a facial massage to facilitate circulation.

Marine Anti-Ageing Facial

60 minutes 420 Dhs

90 minutes 470 Dhs

The Phytomer anti-ageing experience is designed to transform the skin as it firms, hydrates, refines, and tones; while offering moments of relaxation. This treatment combats the signs of ageing with anti-free radical effects of marine spring water and everlasting marine essence.

Aromatherapy Rose Radiance Facial

60 minutes 380 Dhs

Using luxurious rose, geranium and evening primrose oils to nourish and soften the skin, this experience incorporates gentle exfoliation, a rejuvenating facial massage, cool hydrating mask and a relaxing scalp massage.

MASSAGE EXPERIENCES

Aromatherapy Massage

60 minutes 450 Dhs
90 minutes 550 Dhs

This aromatherapy massage combines the power of pure essential oils (selected from a hand-blended range) to suit your mood, with a specialised gentle massage drawn from the traditions of the East and West.

Sports Massage

60 minutes 400 Dhs
90 minutes 500 Dhs

This deep massage targets sore muscles and enhances muscle recovery after exercise, sport or tension (mild soreness may result).

Stress Relief Massage

60 minutes 350 Dhs
90 minutes 450 Dhs

This medium pressure massage focuses on all major tension target areas, including the head, neck, shoulders, back and feet.

Relaxation Massage

60 minutes 320 Dhs
90 minutes 420 Dhs

The popular full-body Swedish style massage offers gentle intensity and is designed to increase circulation and promote relaxation, using long, smooth strokes to relax the muscles and stimulate the lymphatic and circulatory system.

EYE CARE

Eye contour treatment (30 minutes)	200 Dhs
Eyelash and eyebrow tinting (30 minutes)	100 Dhs
Eyelash tinting (30 minutes)	70 Dhs
Eyebrow tinting (15 minutes)	50 Dhs
Eyebrow shaping (15 minutes)	40 Dhs

** A patch test is required 24 hours prior to tinting.*

WAXING

Full leg (60 minutes)	150 Dhs
Chest and stomach (30 minutes)	80 Dhs
Full back (30 minutes)	100 Dhs
Half leg (30 minutes)	80 Dhs
Full arm (30 minutes)	80 Dhs
Half arm (20 minutes)	50 Dhs
Bikini line (15 minutes)	50 Dhs
Under arm (15 minutes)	40 Dhs
Upper lip and/or chin (15 minutes)	40 Dhs

SPA PACKAGES

Ultimate Body Bliss

Salt of the Sea Scrub, Relaxation Massage, Customised Essential Facial

3 hours 920 Dhs

Designed to deeply cleanse the skin and energise the body, the treatment begins with the application of an invigorating salt scrub to remove dull surface skin cells. This is followed by a 1.5 hour gentle full body massage using long, smooth strokes to relax the muscles and to stimulate the lymphatic and circulatory system. To complete this experience, enjoy a personalised intensive facial from with the use of Phytomer products.

The Rose Retreat

Aromatic Rose Body Scrub, Essence of Moroccan Rose, Rose Radiance Facial

2.5 hours 890 Dhs

A balancing and nourishing experience designed to harmonise the emotions, soothe the body and nourish the skin. Enjoy a gentle skin exfoliation with a combination of ground olive pits and a rose body wash, to stimulate and improve circulation. The body is then massaged and enveloped in a luxurious blend of oil and cream, using three types of rose extracts. The experience culminates with a luxurious facial using natural Damask rose water, Geranium and Evening Primrose oils.

Time Out

Elements of Harmony, Eye Contour, Customised Mini Facial

2.5 hours 750 Dhs

A cleansing and rejuvenating experience, Elements in Harmony draws from restorative powers of fire (self-heating mud), earth (spa peeling massage cream), air (relaxing serum) and water. After a gentle stretching and pressure point massage, the body is brushed using loofah to stimulate blood circulation and to remove dull surface skin cells. An application of marine self-heating mud along the spine and feet, enable a deep detoxification and relaxation of stressed areas, followed by a therapeutic body and scalp massage. A reviving eye mask will bring radiance and freshness and reduce the appearance of fine lines, dark circles and puffiness. Cleansing, toning, and exfoliation of the face, including a facial massage will complete the experience.

Aromatic Duo

Aromatic Body Scrub, Real Aromatherapy Massage

2 hours 720 Dhs

This re-balancing experience begins with an all over body exfoliation, using ground olive pits and a personalised body wash to cleanse and refine the skin. A specialised gentle massage drawn from the traditions of East and West using hand blended essential oils to suit your mood, will leave your body, mind and spirit feeling balanced.

JUST FOR MEN

The Total Tune Up

Aromatic Body Polish, Willow Stream Deep Muscle Massage, Quick Fix Facial

2.5 hours 950 Dhs

Combining three treatments - Aromatic Body Polish, Willow Stream Deep Muscle Massage, and the Quick Fix Facial - this experience relieves the stress and strain of a long day. An extensive deep tissue massage combined with ginger and black pepper essential oils relieves tension. A warm mud mask covers the back and a foot and scalp massage encourages relaxation. The face is also cleansed, exfoliated and massaged, prior to the application of facial masks and serums.

Shed Some Stress

Men's Maintenance Facial, Real Aromatherapy Massage

2 hours 890 Dhs

Combining two treatments - Men's Maintenance Facial and Real Aromatherapy Massage - this revitalising experience focuses on enhancing the texture of your skin and for soothing the mind and body. The treatment begins with a cleansing and revitalising facial experience designed to repair and protect the skin. To complete the experience, the power of essential oils (selected from a hand-blended range to suit your mood) is applied with a specialised neck, back and shoulder massage inspired from the traditions of the East.

Executive Experience

2 hours 750 Dhs

A balancing and nourishing experience designed to soothe the body and revitalise the skin, this treatment begins with an invigorating back treatment using a blend of orange flower and lavender plant extracts, and essential tea tree oil to improve the skin's texture. A cleansing and gentle facial helps to refine the pores, condition the skin and restore the balance of natural oils.

Executive Deep Cleansing Facial

90 minutes 480 Dhs

This treatment includes a combination of specialised techniques to restore the skin's natural oils. The face is deeply cleansed and exfoliated to draw out impurities and to re-mineralise the skin. This is followed by a facial using the antiseptic properties of lavender and essential tea tree oil. A purifying mask is then applied, while an invigorating massage and a soothing scalp massage leaves the skin glowing and revitalised.

Men's Maintenance Facial

60 minutes 420 Dhs

This deep cleansing facial experience was developed to repair and protect the skin with orange flower and lavender plant extracts, and essential tea tree oil. This treatment is further enhanced with the application of a fresh mud mask to remove dead skin cells and to create a well balanced complexion.

SPA EXPERIENCE

The Environment at Willow Stream Spa

Willow Stream Spa is an adult sanctuary (guests must be 18 years of age or older). Mobile phones, Blackberry's or other electronic devices are not permitted in the spa environment. If you wish to receive messages during your experience, please advise one of our spa experience coordinators who will be glad to assist you.

Spa Experience Coordinators

All of our spa experience coordinators are available to assist you in customising your own personal experience, from planning your treatments to answering any of your questions or concerns.

Making An Appointment

Please call 04 311 8800 or e-mail willowstreamdubai@fairmont.com. Advance reservations are recommended to accommodate your preferences.

Spa Arrival and Etiquette

We recommend that you arrive 30 minutes prior to your scheduled appointment; to enjoy the heat and cooling facilities before your treatment begins.

To increase the movement of toxins in your body, use the sauna, steam room, or whirlpool. This will clear your breathing, start the cleansing process and warm your muscles. To bring your body temperature back to normal, have an 'ice shower' or enjoy a refreshing cold drink in the relaxation lounge.

Please leave your jewellery and valuables in your guest room safe or in the hotel safe. All treatments will end as scheduled, so that the next guest may begin on time.

Spa Attire

You will receive a Willow Stream robe and slippers to wear and a locker for your personal belongings. For your comfort, undergarments may be worn during treatments, however our therapists are highly trained in the correct draping procedures for your privacy. Please note, that swimsuits are required in some areas of the spa.

Health Matters

Please inform us of any health conditions when booking your appointment e.g. high blood pressure, heart conditions, allergies or if you are pregnant. Also, consumption of alcohol before, during or directly after spa treatments is not recommended.



Willow Stream Spa Gift Cards

Willow Stream Spa gift cards are available for purchase for all spa services and packages. Please contact the Willow Stream Spa reception for further information.

Pricing

All prices are in Dirhams and include 10% Municipality fees and 10% service charge and are subject to change without prior notification.

Hours of Operation

The spa facility is open daily from 6am - midnight.

Spa appointments are available from 9am - 9pm.

The health club is open 24 hours via key access for in-house hotel guests and from 6am - midnight for Willow Stream Spa members and apartment tenants.

Cancellation Policy

If you reschedule or cancel your appointment, please notify the spa reception at least four hours in advance to avoid being charged. Cancellation of a two or three hour Willow Stream Spa package requires 24 hours notice.