

~ Sushi & Sashimi A La Carte ~

Benihana exclusively uses the freshest fish products to ensure the finest texture and flavours.
Only low sodium soy sauce is served with our sushi and sashimi.

Nigiri Sushi & Sashimi

Maguro - Tuna	8	Hotate - Scallops	7	Saba - Mackerel	7
Hamachi - Yellowtail	9	Mirugai - Giant Clams	12	Tamago - Egg	6
Sake - Atlantic Salmon	7	Ika - Cuttlefish	9	Tako - Octopus	7
Hirame - Boston Fluke	7	Kona Kampachi	7	Tuna "Toro"	10
Ebi - Shrimp	8	Unagi - BBQ Eel	10	Salmon "Toro"	9
Amaebi-Sweet Shrimp	7	Uni - Sea Urchins	12	Hamachi "Toro"	12

(For Sashimi please add \$2 to the above prices)

Maki Sushi

Spicy Tuna Roll	11
Tuna, Cucumber with Benihana Creamy Spicy Sauce	
Crispy Spicy Salmon Roll	10
Salmon, Avocado, Tempura Bits with Benihana Creamy Spicy Sauce	
Spicy Scallop Roll	12
Scallop, Tobiko, Avocado with Benihana Creamy Spicy Sauce	
Dynamite Roll	13
Shrimp tempura, cucumber, avocado, ginger mayo with sweet soy sauce	
Dragon Roll	15
Masago, crabstick, avocado, cucumber, BBQ eel on the top	
Rainbow Roll	14
California roll topped with kona kampachi, tuna, and salmon	
Spider Roll	15
Soft shell crab, cucumber, avocado, ginger mayo, sweet soy drizzle	
California Roll	10
Crab stick, masago roe, avocado, and cucumber	
Spicy Avocado	9
Pineapple, Cucumber, Chili-Lime Mayo	

Contemporary Creations

Benihana Vegetarian Roll	9
Avocado, Mango, Gherkin, Tempura Crunch, Ginger Mayo	
Canadian Roll	11
Whiskey-Soy Cured Salmon, Squash Tempura, Avocado, Quebec Maple Mayo	
White Tiger Roll	15
Spicy Salmon, Asparagus, Fireweed Honey Mayo Topped with Yellowtail, Mango, Tobiko	
Philadelphia Roll	11
Smoked Salmon, Avocado, Wasabi-Soy Cream Cheese, Toasted Walnut	
Spicy and Crispy Lobster Roll	19
Avocado, Cucumber, Tobiko, Fresh Panko, Radish Sprout, Spicy Mayo	

Sushi Bar Special

Omakase	42
Available only at the Sushi Bar	
A Delectable Three Course with Chef's Choice of Sashimi, Nigiri Sushi, and Maki Sushi	