

Energy Journeys

Willow Stream Energy Recovery 120 minutes 1500RMB

Results – Tranquility

A powerful body and mind switch-off to induce a serious state of relaxation for a comforting, peaceful night's sleep. Working on all aspects of physical, mental and emotional stress, the treatment begins with a warming foot ritual followed by a head to toe massage using carefully applied pressures and neuromuscular and Swedish techniques to balance the nervous system and ease an overactive mind. This deeply sedating full body massage harnesses rich earthy essential oils of vetivert, camomile and sandalwood, renowned for their intense calming and grounding effects. A must-have treatment for those who suffer with insomnia or who are longing for a deep sense of tranquillity. This head to toe massage uses carefully applied pressures to induce a serious state of relaxation, leaving you prepared for a sound night's sleep.

Blessings of the Plum Blossoms - Longevity 120 minutes 1750RMB

Results – Total Relaxation

Slip into a scented bath to relax your mind and body. Using the grains of crushed olive seeds you will be buffed and smoothed. You will then be massaged with our Stress Relief Massage which will work deeply into stiff, tight and aching muscles to instantly release pain and tension. This treatment will leave you soft, smooth and completely relaxed.

Massage Experiences

Deep Sleep 60/90 minutes 750/1100RMB

Restore – Sleep Surrender

Induces a serious state of relaxation for a comforting, peaceful night's sleep. Working on all aspects of physical, mental and emotional stress, this head to toe massage uses carefully applied pressures and neuromuscular and Swedish techniques to balance the nervous system and ease an overactive mind. Deeply sedating essential oils of rich earthy vetivert, camomile and sandalwood are renowned for intense calming and grounding effects. A must-have treatment for insomniacs or jet lag sufferers.

Stress Relief – Medium Pressure 60/90 minutes 800/1200RMB

Restore – DeStress

This medium pressure massage is customized to focus on areas of most tension including head, neck and shoulders using muscle melting massage oil. This is a great selection after a stressful day.

Intensive Muscle Release 60/90 minutes 850/1250RMB

Restore – DeStress

This medium pressure massage is customized to focus on areas of most tension including head, neck and shoulders using muscle melting massage oil. This is a great selection after a stressful day.

The Ultimate Aromatherapy Experience 90 minutes 1250RMB

Results - Customized

Starting with a consultation to determine your emotional and physical needs followed by an aroma test to select one of 12 signature oils that best suit you. All are formulated with natural plant and flower oils with wonderful exotic scents and powerful therapeutic benefits for body and mind. This is an intense massage ritual drawn from a fusion of eastern and western massage techniques enabling the release of tension held in every part of your body leaving you feeling deeply relaxed, restored and recharged.

Willow Stream Stone Massage 60/90 minutes 850/1250RMB

Results – Deep Heat

This deep massage is tailored using specific techniques to release and relieve deep seated tension. Hot volcanic stones (or basalt river stones) are used alternatively with healing hands and a penetrating warmed oil. This combination relieves tight muscles and improve muscle mobility while aromatic oil uplifts the senses.

Ultimate Rose Pregnancy Massage 60 minutes 800RMB

Restore – Support

Feel nurtured and supported in a time of constant change. Choose from oils each safely formulated to be used during pregnancy to nourish and care for expanding skin. A traditional stress relieving aromatherapy pressure point massage for the upper back and shoulders follows. Legs get special attention to ease the heavy feeling and a full scalp and facial massage follows with your chosen oil relaxes. Enjoy a moment to appreciate the joy of pregnancy and leave behind the stresses of life.

Traditional Chinese Massage (Tuina) 60/90 minutes 750/1100RMB

Restore – Tension Relief

Traditional Chinese Massage is a form of deep tissue therapy resulting in relaxation. Gentle, regular, deeply penetrating manipulations provide maximum benefit. This dry massage, use gentle, regular deeply penetrating manipulations on your body meridian lines, unblocking the collateral channels, to help you release tension from tight muscles and lift your energy.

Experience for Two

Couples Massage 90 minutes 2500RMB

Relieve – Melt Away

The perfect gift is time together. Let the pressures of life melt away while drift off together with a side-by-side relaxation massage. Good vibrations of music permeate the treatment table and enhance your relaxation to drift off together for a great night's sleep or starts to lift your energy to begin to dance the night away.

Blessings of the Plum Blossoms – Virtue 150 minutes 3000RMB

Results – Calming

Starting with a bath to rest and relax in, together you will be exfoliated and cocooned to smooth and soften your skin. Followed with our Relaxation Massage, that works with gentle techniques to promote circulation and deeply induce relaxation. To complete the treatment is a facial treatment for him and her, to soften and sooth your skin. This treatment will leave you both feeling calm and relaxed

A 10% service charge and 6% value added tax will be added to spa services and packages.
 All prices are quoted in RMB, and subject to change.

Facial Experiences

Essential Rose Facial 60 minutes 750RMB

Relieve – Hydrating

This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. This treatment helps to boost your circulation and promote cell renewal and regeneration. Regenerating damask rose, balancing geranium and nourishing jojoba oil combine in this treatment leave your skin radiant, dewy and delicately scented.

Gentlemen's Skin Solutions 60 minutes 750RMB

Relieve – Refresh

A treatment suitable for all skin types, particularly dull skin looking for a deep cleanse. A deep cleansing and brightening facial that will leave skin looking clean, luminous and deeply hydrated with rich, invigorating essential oils and botanical extracts. To complement the relaxing properties of this treatment, a relaxing scalp massage is also performed, leaving you with a calm and comforted state of mind.

Age Repair Facial 60 minutes 850RMB

Results – Skin renewal

This is natural, highly effective treatments helps reduce the signs of aging without using harsh chemicals. Natural oils of inca inchi and larch extract stimulate collagen formation to deliver firm and tightened skin and anti-inflammatory pomegranate and rosehip seed oil work on slowing down the effects of ageing skin. Two masks are used for rose for hydration and frankincense for firming leaving skin plumped and youthful.

Energy Deep Cleanse 90 minutes 1200RMB

Restore – Clean and fresh

A purifying treatment for all skin types that are looking for deep cleanse. Powerful essential oils of lavender, ylang ylang and tea tree are at the heart of this facial. With natural antibacterial properties, they penetrate deep into the skin, helping to regulate sebum production. Cleansing and exfoliation is followed by steaming, extraction and a hot towel compress to refine the pores. Pressure. A freshwater mud mask is then applied to draw out dirt and harmful impurities.

Signature Experiences

Willow Stream Elements 90 minutes 1250RMB

Results – Intense Nourishment

Discover the power of all of nature's elements. The exotic and seductive plants of tuberose, ylang ylang and vanilla combine with an intensive salt and coffee exfoliation to stimulate circulation and revive tired skin. Your body is layered in hydrating and remineralizing marine algae and then massaged with a blend of four plant oils. This is followed by a warm wrap to soak in the nourishment while feet and hands luxuriate in rich vitamin E oil and fresh water mud wraps.

Blossoming 90 minutes 1250RMB

Results – Rejuvenating

The treatment commences with a bespoke back massage designed to suite your personal needs and to relieve stress and tension. Followed by an intensive facial treatment that is anti-aging and deeply hydrating. Perfect for dull, devitalized skins and for general full body and mind rejuvenation.

Plum Rain 90 minutes 1250RMB

Results – Renewal

Deeply inhale the scents of Eucalyptus, Peppermint and Tea tree as you are gently guided into oblivion. Gently scrubbed with natural exfoliating grains to smooth your skin, then cocooned in Enrich body butter to deeply nourish your skin. Followed by an aromatherapy massage, that concentrates on the traditions of the West and East. This real aromatherapy experience uses carefully applied pressures to specific parts of the body, with traditional Swedish and neuromuscular movements to support circulation and soothe aches and pains.

Body Experiences

Rose Hydrator 60 minutes 800RMB

Restore – Nourish

Restore your radiance with precious damask rose essential oil. This works on capillary circulation to renew the skin while the aroma soothes the emotions and nurtures the heart. It begins with a gentle olive grain exfoliation followed with a moisturising mix of oil and cream with evening primrose oil and shea butter penetrating wrap. A scalp massage with frankincense inhalation nourishes physically and emotionally. Your skin is radiant and soft and your spirits bright and uplifted.

Detox & Revive 60 minutes 800RMB

Restore – Invigorating

Feel fresh and alive with this detoxifying treatment. The perfect pick-me-up for when you're feeling sluggish or lethargic with out-of-condition skin, this strengthening, detoxifying effect. Exfoliation with finely ground olive grains refines the pores and reveals fresh, new skin then while you are enveloped in layers of gels and oils a stimulating foot reflex pressure massage encourages the release and elimination of toxins. Leaves you feeling invigorated and full of energy.

Energizing Detox & Revive 60 minutes 850RMB

Restore – Invigorating

Feel fresh and alive with this ultimate detoxifying treatment. The perfect pick-me-up for when you're feeling sluggish or lethargic with out-of-condition skin, this treatment gives you a strengthening and detoxifying effect. Exfoliation with finely ground olive grains refines the pores and reveals fresh, new skin, then cleanse and detox your body in a pink grapefruit and juniper bath afterwards you are enveloped in layers of gels and oils a stimulating foot reflex pressure massage encourages the release and elimination of toxins. Leaves you feeling cleansed and full of energy.

Reflexology 60 minutes 550RMB

Relieve – Ease

One of the world's oldest healing methods, utilizing a unique massage technique targeting reflex points in the feet and hands to bring all of the body's organs back into balance and promote relaxation.

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